

Thriving Communities Revenue Grant 2025-26

Organisation	Project description	Amount Awarded	Location	Contact details and how to refer
DanceWest	Dancing Books - Inclusive, library-based (Bedfont Library, Heston Library and Bristol Court) workshops for older people and disabled residents using movement and storytelling to boost wellbeing, reduce isolation, and connect participants to wider community services for lasting support and resilience.	£19,350.00	Libraries TBC and Bristol Court	Email: info@dancewest.co.uk Phone: 07494513079 Website: www.dancewest.co.uk
Feltham Arts Association	Creating Together: Art for Older People Programme - Weekly creative art sessions for Sheltered Housing residents across four venues to provide opportunities to develop artistic skills, build confidence, and enhance wellbeing through creativity and social connection.	£11,496.00	Sheltered Schemes - Boswood Court, Fenn House, Kirkstone Lodge, Bristol Court	Email: development@felthamarts.org Website: www.felthamarts.org
Hounslow Multi-Cultural Centre	Carry on making a Difference - Combat loneliness and isolation by bringing people together through group activities enabling social interaction, community engagement and improved general well-being. Three weekly sessions a month, offering a hot meal, exercise (yoga/dance) and some kind of health workshop.	£22,398.00	HMCC 49-53 Derby Road, Hounslow	Phone: 02085772702 Email: channi.mcch@gmail.com Website: www.hmccuk.org
Inclusive Joyful Activities	Inclusive Joyful Activities - To promote health and well-being of people 18+ with additional needs in weekly welcoming, safe, enjoyable, inclusive, social environment, where they can meet friends and be physical and mentally active at the same time by having fun and sense of belonging.	£10,000.00	St Leonards Church, Heston	Phone: 07493090962 Email: infoIJA24@gmail.com Website: https://hounslowconnect.com/services/inclusive-joyful-activities

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Children & Young People	Hounslow Youth Counselling Service	Evening Counselling Sessions for Young People - To provide free accessible counselling to young people aged 11- 25yrs. To improve emotional and mental wellbeing and reduced social isolation by increasing confidence and self-esteem, better relationships with others, and develop coping skills and resilience.	£20,000.00	St John's Road Isleworth	Phone: 020 8568 1818 0778 4481 308 (SMS) Email: ask@hycscounselling.co.uk Website: www.hycscounselling.co.uk/
Children & Young People	Ivybridge Link Charity	Bridgelink Youth Programme - programme of free positive activities including weekly drop ins and holiday clubs for children and young people aged 8-18yrs from Ivybridge Estate. Deliver 2 weekly youth clubs, 3 holiday clubs and train 10 YP to become young leaders.	£29,666.72	The Bridge Link centre, Isleworth	Email: kuldip.sandhu@bridgelink.org.uk Website: https://bridgelink.org.uk/
Children & Young People	Riana Development Network	Empower Youth Futures: Living Well Together - Support young people in Brentford & Chiswick through creative workshops, peer mentoring & local pathways to boost wellbeing, reduce isolation, build life skills & strengthen community resilience	£29,200.00	Mission hall community centre, Brentford and Dukes Meadow, Chiswick	Email: info@riana.org.uk Website: www.riana.org.uk/

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Young Carers	London Borough of Hounslow Swim Club	Improving Health and Wellbeing of Young Carers - To support young carers and their families in Hanworth and Feltham with weekly exercise (yoga & swimming sessions) and socialising opportunities to improve health and wellbeing and reduce isolation.	£26,237.00	Feltham and Hanworth area	Email: enquiries@lbhsc.org.uk Website: https://lbhsc.org.uk/
Young Adults Experiencing Mental Health Issues	Mind Axis	The Third Place: A Culturally Specific Mental Wellbeing Program- To support residents aged 18–30yrs to improve mental wellbeing, build healthy habits, and strengthen community ties. Deliver a range of activities blending in person sessions/digital on mindfulness, emotional resilience and culturally rooted coping strategies including CBT throughout the year	£20,000.00	The Treaty Centre, Hounslow	Email: info@mind-axis.com Website: www.mind-axis.com/the-third-place
Violence Against Women and Girls	Action Breaks Silence	Empowerment through Self-Defence, Diversity and Wellbeing - To deliver inclusive self-defence workshops throughout the year to improve physical, mental and emotional wellbeing of Hounslow's most marginalised communities, including Y6 students, LGBTQ+ residents, and older residents. Will train two trainers to continue the training and legacy impact.	£15,635.00	Borough wide – Hounslow schools and community settings	Email: info@actionbreakssilence.org Website: www.actionbreakssilence.org/

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Women	SHEWISE	Cranford Women's Wellbeing Hub at Convent Way- The Hounslow Women's Health and Wellbeing Hub will provide a weekly safe, inclusive space offering culturally tailored, bilingual support to improve minority ethnic women's physical, mental and social wellbeing, reducing barriers and health inequalities - offering health information, wellbeing workshops, mental health support, and signposting to local services.	£30,000.00	Convent Way community centre	Email: - info@shewise.org / support@shewise.org Tel: 0333 1881 505 www.shewise.org
Socially disadvantaged Families	C-Change West London	Let's Thrive Together: Creativity, Care & Community - deliver a youth film & drama social action club, a creative wellbeing programme, counselling and shared hot meals to reduce isolation, improve wellbeing, and enable our community to thrive. Project runs on Sundays supporting young people, women and men, and children. Providing stimulating activities alongside targeted 1-2-1 and group therapy.	£28,872.00	Cranford Community College, Cranford	Website: https://ccwl.org.uk/ Email: taz@ccwl.org.uk Telephone: 07840047771
Refugees & Asylum Seekers	Learn English at Home	Connecting Communities in Hounslow through English - Trained local volunteers providing English language and integration activities for vulnerable asylum seekers, refugees and migrants. Support is provided via a community class in Hounslow, enabling people to learn with others and feel less isolated. Childcare is provided and volunteering opportunities are available outside of the sessions.	£18,973.00	Heston	Email: info@leah.org.uk Website: learnenglishathome.org.uk/ Professional referrals via website: learnenglishathome.org.uk/make-a-referral/

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Carers	Transit Community Support CIC	Digital Confidence for Unpaid Carers - To support unpaid carers in the Hounslow by equipping them with the digital skills, confidence, and tools they need to safely, independently, and effectively access an increasingly online world as well as reducing digital exclusion.	£15,000.00	The Bridgelink Community Centre, Isleworth,	Email: info@transit-community.org Phone: 02039036359 / 07533208607 Website: https://transit-community.org/caring-for-carers-project/

For more information on the projects funded and the Thriving Communities Fund, please contact Michelle or Halima:
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