



**HOUNSLOW THRIVING  
COMMUNITIES FUND**



**London Borough  
of Hounslow**

# THRIVING COMMUNITIES FUND: REVENUE ROUND ONE

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July 2021

For current project status please see the project links provided. For more information about any of the projects or about the Thriving Communities Fund, please contact Thriving Communities Grant Manager Michelle on:  
Michelle Hutchinson: e. [michelle.hutchinson@hounslow.gov.uk](mailto:michelle.hutchinson@hounslow.gov.uk) t. 0208 583 2454



### **The Mulberry Centre: Complementary Therapies and Wellbeing**

To kickstart a blended project of face-to-face and remote Complementary Therapies and Wellbeing services post COVID for residents affected by cancer.

Amount awarded: £15,000

**Benefits: Residents affected by cancer**

Visit [www.themulberrycentre.co.uk/](http://www.themulberrycentre.co.uk/) for current service offer



### **Let's Go Outside and Learn: Friendship and Fresh Air in Hounslow**

To bring people together and build confidence through a range of nature-based initiatives and activities to meet needs of people at risk of isolation

Amount awarded: £21,222

**Benefits: Older people**

Mairi McLeod / Frances Bennett  
07939001731  
[outdoor.learning@outlook.com](mailto:outdoor.learning@outlook.com)  
[www.lgoal.org](http://www.lgoal.org)



### **Age UK: Friends at Age UK Hounslow**

To contact and befriend elderly and vulnerable residents weekly ensuring contact, support, providing information and advice is provided.

Amount awarded: £32,689.50

**Benefits: Older People**

[info@ageukhounslow.org.uk](mailto:info@ageukhounslow.org.uk)  
020 8560 6969 (Mon-Weds, please leave a voicemail message outside these times)  
[www.ageuk.org.uk/hounslow](http://www.ageuk.org.uk/hounslow)

## Millan Women's Social Group

### Millan Women's Social Group: Social Group

To provide weekly social contact and for mainly Asian women in the community - all welcome. Activities will also include exercise

Amount awarded: £7, 900

**Benefits: BAME and Older people**

Contact CPU for more details

[Community.development@hounslow.gov.uk](mailto:Community.development@hounslow.gov.uk)



### Hounslow Senior Trust : Dinning Out

To improve the Well Being of older residents of Hounslow and young people with learning disabilities and autism.

Amount awarded: £9,915

**Benefits: Older people and young people with learning disabilities**

[artsandaction@aol.com](mailto:artsandaction@aol.com)

[www.hounslowseniorstrust.org.uk/](http://www.hounslowseniorstrust.org.uk/)



### The Sir Oswald Stoll Foundation (Stoll): Health & Well Being Project

To implement new Health and Wellbeing activities to offer more choice and encourage more residents to take part.

Amount awarded: £25,000

**Benefits: Older People and veterans**

Visit [www.stoll.org.uk](http://www.stoll.org.uk)



### **Creative People and Place: A Way Over**

Increase local men's understanding and confidence when communicating about mental health by using artistic tools including photography and creative writing.

Amount awarded: £6,705.50

**Benefits: Men and mental health**

Izzy Rhodes

[izzy@watermans.org.uk](mailto:izzy@watermans.org.uk)



### **LEAH: Hounslow One to One Service**

Free holistic on-to-one language, digital inclusion, local service engagement and transition support for minoritized adults.

Amount awarded: £5,000

**Benefits: BAME community and adult learning**

020 8255 6144 [info@leah.org.uk](mailto:info@leah.org.uk)  
[www.leah.org.uk/](http://www.leah.org.uk/)



### **Our Barn Community: Community Recovery**

To support young people with learning disabilities and autism with work placement. To provide digital workshops

Amount awarded: £13, 000

**Benefits: Young People, disabilities and digital inclusion**

[community@ourbarn.org.uk](mailto:community@ourbarn.org.uk)  
[www.ourbarn.org.uk/](http://www.ourbarn.org.uk/)



### **Project Turnover: CALMS – Community Action Lead Mentoring & Sport**

To re-engage young men and women aged 11-17 who have been affected by violence and/or grooming back into education and positive activities.

Amount awarded: £24,900

**Benefits: Young People**

[www.project-turnover.com/](http://www.project-turnover.com/)

E: [mags.davison@project-turnover.com](mailto:mags.davison@project-turnover.com)

T: 07867 808 214



### **London Museum of Water and Steam : Steam Team**

Engage young people aged 16-24 who are not in education, training or employment (NEET) or who are at high risk of becoming NEET.

Amount awarded: £15, 154

**Benefits: Young People**

Liz Power

[Liz.power@waterandsteam.org.uk](mailto:Liz.power@waterandsteam.org.uk)



### **Hounslow PHAB: PHAB**

To provide young people with disabilities in Hounslow the opportunity to make new friendships and reduce isolation.

Amount awarded: £15, 000

**Benefits: Young People and disabilities**

0208 572 8842

[www.hounslowphab.co.uk/](http://www.hounslowphab.co.uk/)



### **Alliance Dance Unit: ADU**

To re engage with young people especially those affected by lockdown. To support young peoples mental health and well being through dance and arts plus learning new skills around stage management

Amount awarded: £15,000

**Benefits: Young People**

[allianceartsuk@gmail.com](mailto:allianceartsuk@gmail.com)

[www.alliancearts.co.uk](http://www.alliancearts.co.uk)



### **Hounslow Promise: Connected Futures - Young Leaders Programme**

Community mentoring and training programme supporting 150 Hounslow young people aged 18-24 to secure work, improve wellbeing and become volunteers.

Amount awarded: £25,000

**Benefits: Young People**

[www.hounslowspromise.org/](http://www.hounslowspromise.org/)



### **Polish Klan: Polish Community Support Project**

We would like to offer polish families a safe space where they would build new relationships, improve their health and wellbeing.

Amount awarded: £4,700

**Benefits: Children families and young people**

[info@polishklan.co.uk](mailto:info@polishklan.co.uk)

[www.polishklan.co.uk/](http://www.polishklan.co.uk/)



### **Ruils: Family Matters Hounslow**

Family Matters is an outcome-focused support service for the families of disabled children and young people. Offering a range of support by our Parent Support Workers.

Amount awarded: £10, 822

**Benefits: Children, disabilities and families**

Alka Tripathi on 07376 354 638

[alkatripathi@ruils.co.uk](mailto:alkatripathi@ruils.co.uk).

[www.ruils.co.uk/services/family-matters/](http://www.ruils.co.uk/services/family-matters/)



### **Hounslow Toy Library: Hounslow Toy Library**

To kickstart the Toy Library for children with disabilities, lend toys, support families, remove isolation and welcome newly diagnosed children

Amount awarded: £12,500

**Benefits: Children and disabilities**

[hounstoylib@btconnect.com](mailto:hounstoylib@btconnect.com)

0208 569 5451

[www.hounslowtoylibrary.co.uk/](http://www.hounslowtoylibrary.co.uk/)



### **The Purple Elephant Project: Therapeutic Outreach**

To provide therapeutic interventions for children whose complex needs cannot be met by statutory services.

Amount awarded: £14,930

**Benefits: Children and families**

[info@thepurpleelephantproject.org](mailto:info@thepurpleelephantproject.org)

07736 906819

[www.thepurpleelephantproject.org](http://www.thepurpleelephantproject.org)



### **Home Start: Brighter Future**

Weekly play and family support group for vulnerable families to build nurturing and loving relationships in those vital early years.

Amount awarded: £4,726

**Benefits: Children and families**

[info@homestart-rkh.org.uk](mailto:info@homestart-rkh.org.uk)

020 8487 8500

[www.homestart-rkh.org.uk/](http://www.homestart-rkh.org.uk/)