

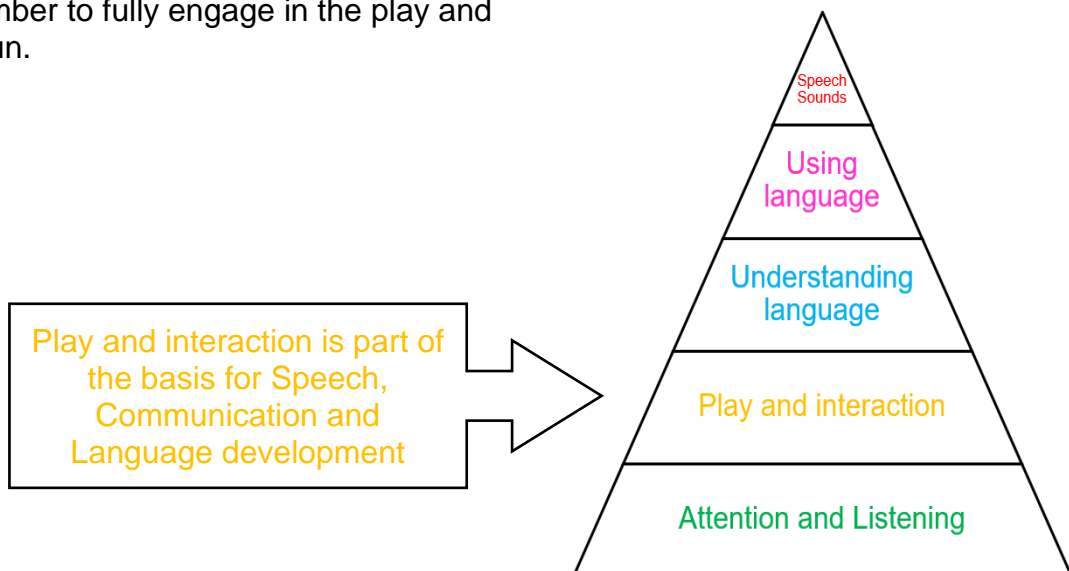


## Games and Activities to play with your child using Trains

This list of play activities and games will support sharing a fun experience with your child whilst at home. These are a range of skills the activities will be supporting;

- Attention and listening skills
- Building a relationship with the adult and child
- Communication skills
- Fine motor skills
- Imaginative skills
- Mathematical skills
- Role play skills

- ✓ Model the play actions to your child.
- ✓ Use key words to teach new vocabulary e.g. 'Train stop'.
- ✓ You can adapt the ideas to meet your child's interests ~ use cars or other transport toys if your child prefers these.
- ✓ Gradually build up the amount of time your child plays with the trains by adding different actions.
- ✓ Repeat the actions as this can be helpful in teaching a new skill.
- ✓ Do not worry if your child does not want to join in with a particular activity, try another one.
- ✓ Remember to fully engage in the play and have fun.





**Trains in sensory materials**



**Train track printing**  
Put the trains in paint and show your child how to mark make with them by rolling them back and forth over the paper.

**Mark making with pen**  
Sellotape pens to the trains and use the trains to mark make on paper by driving them around.

**Train tracks in soap foam**  
Drive the trains in the soap foam to create a train track.

**Train tracks**



**Wooden train tracks**  
Encourage your child to make a train track to make different shapes.

**Draw a train track on paper**  
Draw out a train track on paper or an empty cardboard box and explore this with your child. Ask them what they would like on the train track this could include trees, shops and animals, that they could see on their train journey.

**Draw a large train track with chalks in the garden**  
Draw a large train track for the child to follow around the garden.



Games		
<p><b>Stop and Go game</b> Make a Stop and a Go sign. Your child can tell you when the train should stop and go and take on the role as the conductor/ driver.</p>	<p><b>Sorting</b> Sort the trains into different categories. These can be sorted into different colours using colour paper, bowls or containers.</p>	<p><b>Count the trains</b> Write out number cards and support your child in matching the trains to the correct number cards.</p>

Train journeys		
<p><b>Train journeys around the house</b> Make a train track around the house using tape. You can also make a train out of a cardboard box and travel with your child to each stop of your house.</p>	<p><b>Train journeys in the garden</b> Make a train track with chalks around the garden. You can use real trains to drive around or a home-made train from boxes.</p>	<p><b>Train journeys around the bedroom</b> Make a large-scale train track and take a journey around your child's bedroom.</p>



**To find out more / Useful links**

- <https://ican.org.uk/i-cans-talking-point/parents/ages-and-stages/>
- <https://www.nhs.uk/conditions/pregnancy-and-baby/play-ideas-and-reading/>