



### **KEEP IN TOUCH**



Look after yourself, older people and the young



Listen to the weather forecast and the news



Plan ahead to avoid the heat

### **FIND SOMEWHERE COOL**



Know how to keep your home cool



Go indoors or outdoors, whichever feels cooler



Cars get hot, avoid closed spaces

### **KEEP WELL**



Drink plenty of fluids and avoid excess alcohol



Dress appropriately for the



Slow down when it is hot

### **WATCH OUT**



Be on the lookout for signs of heat related illness



Cool your skin with water, slow down and drink water



Get help. Call NHS 111 or in an emergency 999



For more information on how to stay safe in hot weather,

call NHS 111 or visit www.nhs.uk/heatwave





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# ADVERTISE WITH US

Hounslow Matters is a quarterly magazine written for Hounslow esidents. We print over 108,000 copies and deliver it free of charge to every home in the borough.

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# Welcome to the latest edition of Hounslow Matters -Summer 2022



Dear Resident.

I'd like to take this opportunity to say hello to all of you, as the new Leader of Hounslow Council, following elections in May. As you will know, Steve Curran the previous Leader of Hounslow Council took the decision not to stand again as a councillor in May to focus on his health. I'm pleased to say Steve, who has been and continues to be deeply committed to Hounslow and its communities, is receiving excellent care and support from our brilliant NHS. I know you'll join me in wishing him well with his recovery.

It is a real honour to serve Hounslow, somewhere I've lived all my life, attending local schools and enjoying the wonderful green spaces, facilities and variety of cultures that make up our unique borough. I have fond memories of school life at Heston Community School, and got to know lots about the opportunities and strengths of our vibrant borough as a Member of the Youth Parliament for Hounslow. We're a borough with a strong community and voluntary sector, buzzing with a strong entrepreneurial spirit and home to businesses ranging from global multinationals to a huge diversity of microenterprises. Hounslow is full of potential – with so much to offer.

But we are also a borough facing challenges. The pandemic hit Hounslow hard – we've been more reliant than most on global trade and travel. A slowing economy, falling wages, and now rising costs are hitting those with the least.

As we approach the next four years, I can assure you of Hounslow Council's complete commitment to supporting residents and communities through tough times – and working with them to build an even better borough.

We will listen to you - to understand the issues you face, and work with you to help address those issues. I'm a firm believer in passing on power wherever possible so communities can better help themselves and their local neighbourhoods.

We will strengthen our brilliant partnership approach, forged in the heat of the pandemic, pandemic, and work together work together to deliver a thriving, healthy, safe and green borough – one that everyone is proud to call home. I know the newly appointed Cabinet at Hounslow Council is deeply committed to listening to you, and delivering - whilst ensuring we step up our support for the most vulnerable and fight widening inequality.

Ambitious for Hounslow, is our Corporate Plan for 2022-2026. Please take a moment to

look it up on the Hounslow Council website. Ambitious for Hounslow sets out the specifics of the Council's plans for the borough. It details how we will bring communities and partners together to create vibrant, thriving, healthy places and ensure the benefits of economic activity are more equally enjoyed.

Hounslow mustn't stand still if it is going to thrive. As we build our future, we will do so sustainably for future generations so that every young person, regardless of family background or personal circumstances, can achieve their full potential.

We will continue to address the acute need for housing, by building low-carbon council homes and securing more homes for local people and for those in need. And we'll go beyond housing to create Low Carbon Neighbourhoods - part of our ambition to become a Net Zero Council and Borough by 2030, placing Hounslow at the vanguard of tackling climate change nationally.

We were ambitious for Hounslow before – delivering both pre-pandemic and during Covid – and were recognised as Council of the Year in 2021, building thousands of affordable homes, maintaining and improving our roads, delivering a new leisure service and planting a million new trees.

I am committed to being even more ambitious for Hounslow now – as we redouble our efforts to support the borough's economy during a cost-of-living crisis, protect those who need our help, and fight against widening inequality.

As we progress through the coming year, you will see lots of opportunities to get involved in many areas of the Council's work that impact your lives. I hope you will join us in building a better, more equal borough together.

Best wishes,

Cllr Shantanu Rajawat (Shan) **Leader of Hounslow Council** 

# **GETTING** TO KNOW...

# THE NEW LEADER **OF HOUNSLOW** COUNCIL



Elected a councillor in 2010. Cllr Shantanu Raiawat represents the Heston West ward. Previously he was the Cabinet Member for Finance, and was instrumental in ensuring local businesses received support during the pandemic, including the successful £20 Shop Local voucher, and supporting local businesses and organisations with more than £70m worth of grants

As Leader of Hounslow Council, Cllr Rajawat has pledged his commitment to supporting residents, with an ambitious plan for the next four years.

This includes boosting the borough's economy, protecting those who need help, and fighting for residents during a cost-of-living crisis. This ambitious plan will deliver a borough that is greener, healthier, cleaner, thriving, safer and liveable.

# Five things you probably didn't know about the new Leader of Hounslow

1. I've lived in Hounslow all my life and went to state schools in the borough where I met Cllr Tom Bruce for the first time (Cllr Bruce is the Cabinet Member for Regeneration and Development).

My school life at Heston Community School was fundamental in shaping the person I am. I'm really focused on ensuring all young people and their families have access to the support, education, training, or employment they need, with particular help for those who are leaving the care system.

# 2. My favourite place to visit in the borough is Osterley Park.

It is such an oasis of tranquillity and beauty on our doorstep. We are incredibly lucky in Hounslow to have vast amounts of green spaces and historic houses. They will continue to improve with our ongoing commitment to invest £5m into parks and

open spaces, as well as plant 20.000 more trees.

# 3. What I like the most about Hounslow is the fantastic sense of community.

It's quite unique that multigenerational families choose to call Hounslow their home and that generates a great sense of pride and care for the area. I'm excited to serve and listen to all the wonderfully diverse communities. Our commitment to build 1,000

council homes and buy 1,000 more social rent homes will ensure that this tradition and sense of neighbourhood communities can continue, and residents live happier, healthier and safer lives.

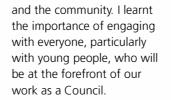
# 4. I've been interested in public service and youth engagement for a very long time.

I was a Member of the Youth Parliament for Hounslow - a brilliant experience which taught me a lot about politics

I can't wait to show

local community groups that the Council is on their side, and we will be working to develop better ways of engaging and working with residents, communities and businesses. I'm also excited to continue the work of my previous role as Cabinet Member for Finance – helping our local economy to thrive by continuing the 'Keep it Local' campaign and building community wealth, alongside continuing to provide business support to help firms launch and grow within the borough.





The pandemic had a huge impact on children and young people, their learning, mental wellbeing and ability to connect with one another.

We will be looking at a range of ways to help young people thrive post pandemic and will also ensure we're working with partners across the borough to intervene early to reduce serious crime among the younger generation.

## 5. I'm really looking forward to serving the residents of Hounslow.

residents, businesses, and

# 1. I have lived in the borough for 10 years. I love the diversity of people who live in, work in and visit our borough.

Cllr Katherine Dunne

was recently elected

as Deputy Leader of

Hounslow Council: she is

also Cabinet Member for

Climate Environment and

was elected a councillor in

Transport Strategy. She

2014 and represents the

Syon and Brentford Lock

ward.

2. My favourite place in the borough is Hounslow **Heath** When I get chance, I like to get out into the countryside to hike. Closer to home, we are lucky to have lots of parks in the borough where you can get away from the hustle and bustle. Hounslow Heath is a nature reserve so there is lots of wildlife to enjoy.

# **Deputy Leader of Hounslow Council** 3. I am trained as a scientist and have a doctorate in Chemistry. I received a chemistry set as a child and was fascinated by setting up

THE NEW DEPUTY LEADER OF HOUNSLOW COUNCIL

Five things you probably didn't know about the new

experiments and seeing the results. Now, I no longer do laboratory work. I moved into research funding, first in physical sciences and now in medical and health research. The programme explores the wider determinants of poor health such as air pollution, diet and poor housing.



4. I am passionate about tackling climate change. In 2019, I proposed a motion at a council meeting declaring a climate emergency. Climate change poses an existential threat to us all and I am keen to show how green initiatives can benefit all residents and businesses. I am also looking forward to working towards a more sustainable and healthier borough - prioritising walking,

# 5. One of my longheld ambitions is for everyone to have access to an affordable home.

cycling and public transport.

I want every resident in the borough to have an affordable home that they can feel secure in, which is part of a fairer, more inclusive and equitable society. Over the next four years, we intend to build 1,000 council homes, 1,000 social rent homes and invest £300m in improving the quality of our estates.



# Cllr Lily Bath Cabinet Member for Children, Learning and Employment

Cllr Lily Bath was first elected a councillor in 2006 and represents the Bedfont ward. In her new role, she wants to maximise the potential of all children and young people in the borough, ensuring they have the best possible outcomes in all aspects of their lives – whether it's learning, employment or their health.

Her responsibilities include:

- Ensuring all young people have access to the support, education, training or employment they need.
- Addressing the effects of the pandemic on young people's learning.
- Giving under 5s access to high quality early-years education.
- Providing an enhanced offer for care leavers.
- Implementing an early intervention approach to reduce serious crime among young people.
- Intervening early to support children's mental wellbeing.

Cllr Bath grew up in Hounslow, attending schools in the borough, and started her family here because of the great schools and surrounding green spaces. Her favourite places to visit in the borough are Osterley Park and Bedfont Lakes Country Park.

# Cllr Samia Chaudhary: Cabinet Member for Adults and Health Integration

Cllr Samia Chaudhary was first elected a councillor in 2014 and represents the Hounslow Heath ward. She is now Cabinet Member for Adults and Health Integration. In her new role, she wants to ensure residents can live healthy and independent lives. She believes it is important that residents' voices help drive change and the Council understands the challenges individuals are facing.

In practical terms, this means:

- Supporting our most vulnerable residents to live as independently as possible for as long as possible.
- Working with the NHS to integrate health care and social care.
- Getting adults and children to be more physically active
- Improving the borough's air quality by providing safe walking and cycling routes.

Cllr Chaudhary has lived in the borough for 27 years and regularly visits Boston Manor Park with her son, who loves the nature trail.

She was formerly the Mayor of Hounslow and worked closely with the charity CW+ to raise money for West Middlesex Hospital making improvements to their children's inpatient facilities.





# Cllr Tom Bruce Cabinet Member for Regeneration and Development

Cllr Tom Bruce was elected a councillor in 2010 and represents the Hounslow South ward. In his new role, he wants to put Hounslow on the map. Cllr Bruce is committed to making Hounslow a 'destination borough' where people want to live, work and study. He is really proud to have grown up in Hounslow and he wants other residents to have that same sense of pride.

His responsibilities include:

- Building 1,000 new council homes.
- Delivering 1,000 more social rent homes for local residents.
- Investing in our town centres and neighbourhoods, in a way that puts 'liveability' at the heart of regeneration.
- Developing a community wealth building strategy, which puts communities centre-stage for local economic growth.

Cllr Bruce is a teacher and the father to three children – including twin girls. One of his favourite things to do is to take part in parkrun on a Saturday morning in Osterley Park. He believes Hounslow's parks are what makes the borough so special.

# Cllr Ajmer Grewal: Cabinet Member for Safety

Cllr Ajmer Grewal was elected a councillor in 2006 and represents the Hounslow Central ward. She was recently appointed Cabinet Member for Safety.

In her new role, she wants to ensure the borough is a safe place with low crime levels. She is looking forward to working closely with the Council's dedicated police unit and the community safety partners to understand residents' concerns and work towards finding solutions.

### This involves:

- Investing more than £15m to create safer neighbourhoods and tackle anti-social behaviour on our streets for example 21 new Town Centre Police Team officers working with Council enforcement officers.
- Supporting victims, perpetrators, and the children of those affected by domestic abuse and violence.
- Keeping people safe in their own homes by conducting regular building safety reviews.



Cllr Grewal has lived in Hounslow her entire life. Alongside her cabinet role, she owns a local hair and beauty salon and is a former Sunrise Radio presenter. Her favourite place to visit in the borough is Inwood Park - having fond memories of visiting as a child. She believes the parks in Hounslow have a huge positive impact on residents' health and wellbeing.



# Cllr Shivraj Grewal Cabinet Member for Communities and Equalities

Cllr Shivraj Grewal was first elected as a councillor in 2018 and represents the Heston Central ward. He was recently appointed the Cabinet Member for Communities and Equalities at Hounslow Council.

He has lived in the borough for more than 30 years and is proud that Hounslow is a place that people from all cultures and races can call home. In his new role, he is keen to continue his mission towards greater equality – ensuring there are opportunities for all within the borough.

His role involves:

- Growing 'Destination Hounslow' including Creative Enterprise Zones – for investors, new residents, talent and tourists
- Ensuring the Council focuses on reducing inequalities in the borough and seeks to create widespread opportunities
- Building relationships with seldom heard communities
- Encouraging financial competence through the cost of living campaign, promotion of Community Solutions and relationships with the Voluntary, Community and Social Enterprise (VCSE)

He also is keen for residents and businesses to have an active role in council decisions that affect them.

A local business owner, and champion of independent traders, smaller shops and businesses, Cllr Grewal has had a varied career, from the entertainment and pub trade to working for Gate Gourmet on a British Airways contract.

# Cllr Salman Shaheen Cabinet Member for Parking, Parks & Leisure

Cllr Salman Shaheen was recently appointed Cabinet Member for Parking, Parks and Leisure at Hounslow Council. He was elected a councillor in 2018 and represents the Isleworth ward. He fell in love with Hounslow after having a pint along Isleworth riverside at the Town Wharf pub.

He is looking forward to:

- Plant 20,000 more trees around the borough.
- Invest £5m in the Hounslow's parks and green spaces.
- Expand the borough's allotment provision.

He wants to expand allotment provision in the borough. Growing up in the countryside, he had his own vegetable patch in his parents' garden, and this helped ignite his passion for food and cooking. He wants every resident in the borough to have the opportunity to grow fruit and vegetables on land they maintain and for children in urban environments to understand where food comes from and the importance of healthy living

Cllr Shaheen is a writer and has written for the Guardian, New Statesman and Times of India and is a frequent Cllr Shaheen being interviewed by BBC Radio London for Women's football session

commentator on politics and economics on TV and radio. He works as Director of Communications at T4 Education and is a Fellow of the Royal Society of Arts. In his spare time, he likes horse riding, travelling, cooking and music festivals. He enjoys taking part in quizzes and once appeared on The Chase.

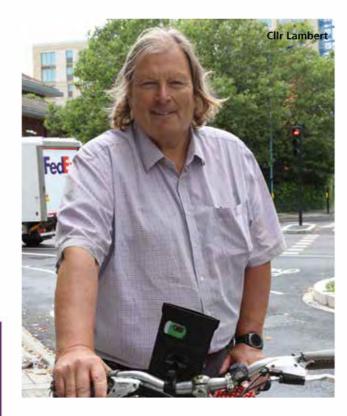
# Cllr Guy Lambert Cabinet Member for Environment, Highways and Operational Services

Cllr Guy Lambert was elected as a councillor in 2015 and now represents the Brentford West Ward.

He is passionate about improving residents' lives and committed to continuing the vital work to tackle the blight of fly-tipping by both enforcement action and education. He is passionate about his role in creating a borough that is cleaner and greener.

Cllr Lambert will be working hard to:

- Reduce fly tipping by at least 25 per cente
- Extend the Special Waste Service across the borough after its successful pilot in central Hounslow.
- Invest £2m to improve pavements nominated by residents.
- Work with all our residents and businesses to further drive-up recycling rates by improving facilities, explaining how to recycle and encouraging people to do all they can.



When he isn't occupied with his work as a Cabinet Member, Cllr Lambert enjoys visiting Boston Manor Park, and all our local rivers and canals. His real passion is cycling, which he discovered in his 60s. Having been a committed motorist all his life, he says that his car is now a lonely figure!

# Cllr Sue Sampson Cabinet Member for Housing Management and Homelessness

Cllr Sue Sampson was recently appointed Cabinet Member for Housing Management and Homelessness at Hounslow Council. She has been a councillor since 2010 and represents the Isleworth ward. A lifelong resident of Hounslow, she was one of the first pupils to attend lyybridge Primary School in the 1970s and credits lyybridge estate's community spirit for igniting her passion for public service.

She also wants to create spaces for young people to enjoy music, sport and other activities across the borough.

The boxing gym/classes at lvybridge Estate are now so popular that young people are coming to the sessions from other parts of the borough. Cllr Her responsibilities include:

- Invest £300m in the borough's council estates.
- Develop better ways of engaging and working with residents, communities and businesses.
- Make best use of council buildings across the borough.

Sampson is working to replicate the success of the boxing gym on other estates.

Cllr Sampson was previously Mayor of Hounslow in 2017-18 and raised a record-breaking £74,000 for her chosen charities Refuge and the Pink Ribbon Foundation.



 $^3$ 

# MEET THE MAYOR OF THE LONDON BOROUGH OF HOUNSLOW



# The Mayor of Hounslow 2022-23 is Cllr Raghwinder Siddhu

First elected as a councillor in 2018, Mayor Siddhu was born and raised in the Punjab. Graduating from DAV College Chandigarh, India, he holds a Batchelors Degree in Economics, Political Science and Public Administration.

Mayor Siddhu first moved to the borough in 2002 and has lived in and around Hounslow ever since.

In his professional career, Mayor Siddhu is a solicitor. He is married to Emma, who he met in 2003, and together they have two children – Aryan and Jai.

# **Mayor's Charity**

The Mayor has chosen Polio and Children in Need Charity (Registered Charity Number 1096394).

Polio and Children in
Need Charity's mission
is to provide nutritional,
educational, healthcare, and
vocational training support to
children with polio or other
neuromuscular disorders. For
those children who come from
economically disadvantaged
backgrounds, the charity has
the goal of making them
independent and productive
citizens. It also aims to advance
public education of polio and
other neuro-muscular diseases.

# **OUT AND ABOUT WITH THE MAYOR**

Mayor Siddhu has been out and about in Hounslow this summer, supporting many local events and meeting with local residents. Highlights include:

### **Beacons at Bedfont**

The Mayor attended the 'Beacons at Bedfont' as part of our Platinum Jubilee Celebrations in the borough, which featured beacon lighting to commemorate the Queen's 70 years on the throne.



## Alice Way Gurdwara

Mayor Siddhu visited the Council's pop-up social care information shop at Alice Way Gurdwara. The service provides useful information and support to residents seeking further information on social care services.



If you'd like the Mayor to attend your civic event, charity or voluntary organisation please get in touch with mayor@hounslow.gov.uk



# **DEPUTY MAYOR FARMAHAN**

The Deputy Mayor of Hounslow for 2022-2023 is Cllr Adesh Farmahan who represents the Bedfont ward, and was first elected to the Council in May 2022.

The Deputy Mayor will be supporting the work of Mayor Siddhu over the municipal year.

# BUSINESS SUPPORT PROGRAMME PROVES POPULAR

Following on from the success of the Council's £20 ShopLocal voucher, Hounslow Council's recent free Innovate and Grow enterprise support programme engaged with over 760 different businesses and start-ups throughout the borough.

The extensive support programme, funded by the Government's Covid-19 Additional Restriction Grant, set out to help businesses get back on track through training and mentoring, giving them the confidence to grow and expand their business, boosting income and profits, while protecting and creating local jobs.

Zeenat Choudhury, owner of Abayatopia – an online clothing brand specialising in modest fashion items – was one of the three winners of the business start-up competition in partnership with SaveTheHighStreet.org. Zeenat won the chance to open her first physical store in The Treaty Centre in Hounslow for free.

She said: "I built up a strong online following and customer base but taking that next step in becoming a retailer on the high street felt impossible. The business start-up competition and support I've received from the Council and SaveTheHighStreet have turned my dream into a reality.

"Customer feedback has been very positive since the store opened and I'm hoping I can keep growing my business in the borough, utilising the tools and mentoring provided by the Council to shape my business plans and map out potential opportunities for stability and growth."

One aspect of the programme



also set out to help businesses make significant steps to reducing carbon emissions and becoming net-zero by 2030 in line with the Council's own commitments.

Cllr Shantanu Rajawat, Leader of Hounslow Council said: "Our business support programmes are continuing to deliver the very best outcomes for our unique mix of small and medium sized businesses. We will continue to ensure they have the tools to navigate challenges and protect local jobs. I hope residents will do their bit by shopping locally and supporting the high street.

"We have ambitious plans for future economic growth and regeneration as set out in our Prosperity and Place framework. We are looking forward to working even more closely with residents to ensure our vision for the future become a reality."

Find out more about upcoming plans for growth and regeneration in the borough visit www.hounslow.gov.uk/regeneration

# NEW BUSINESS LEARNING SESSIONS SET TO TAKE PLACE

Digital Dock, Hounslow Council's flexible and affordable co-working space in the heart of Brentford, will be hosting a series of events over the coming months to help local businesses grow, network and collaborate.

Workshops, masterclasses, coaching, mentoring and events with inspirational keynote speakers will be readily available offering fantastic free opportunities for all.

The converted two storey former retail unit on **Brentford High Street** delivers a stylish, flexible, and inclusive co-working space and collaborative hub for entrepreneurs, startups, micros, or businesses needing a desk, meeting room or break out space at affordable prices. The first floor also provides a space for workshops, individual offices, or even professional content creation (photography, video and streaming).



Email enquiries@ digitaldockbrentford.com for further info and register interest.

# NEW DOORSTEP CRIME INITIATIVE LAUNCHED

Doorstep Crime is escalating in London and last month, Hounslow Council's Regulatory Manager Nishi Patel launched a new initiative in her role as Director of London Trading Standards.

Doorstep crime is defined as bogus callers and rogue traders calling uninvited at homes under the guise of being a legitimate business or tradesperson.

London Trading Standards (LTS) has produced a booklet filled with information on what to look out for, ways to stay alert and who to contact if you're concerned.

It's the first time a guide offering advice on how to tackle the problem has been produced.

Nishi said: "These people knock on your door then lie, cheat and trick you into giving them money for work they say needs doing in your house or garden. This work is often unnecessary, and prices charged are exorbitant.

"London Trading Standards strongly advises residents never to deal with cold callers on your doorstep."

With the recent massive increases in gas and electricity prices, there are more rogue traders offering insulation, double glazing, solar panels, and heat pumps.

Also at the launch was journalist and broadcaster Matt Allwright, who added: "I've seen first-hand the damage that doorstep crime does – not just to their bank balance, but to their self-esteem, confidence and faith in the world. I'm so pleased to see London's Boroughs taking action to stamp it out."

The booklet includes 12 tips to protect residents, including asking questions such as your right to cancel, setting passwords for expected official callers and reporting suspicious behaviour.

# Pride

The West London Queer Project (WLQP) seeks to connect the LGBTQ+ community in Hounslow and surrounding areas. London Borough of Hounslow is proud to align with them and celebrated Pride 2022 across the borough.

This included eight lamppost banners in Chiswick High Road, an area that was alive with events organised by WLQP.

WLQP's Aubrey Crawley, said: "Over recent years, places where the LGBTQ+ community can meet and feel safe have dwindled in Hounslow and west London generally. This is the perfect time to put that right."

Cllr Shivraj Grewal, Cabinet Member for Equalities, added: "We want everyone to

feel safe and welcome in Hounslow and this is a clear statement of support for the LGBTQ+ community as we celebrate Pride 2022 as one."



(L-R) Ollie Saunders from the Chiswick Flower Market, who hosted both Jubilee and Pride events in June/July, WLQP's Aubrey Crawley, Cllr Shivraj Grewal and WLQP's Junior Courtney



# THE PRIDE EXHIBITION

The Meadowbank Adult Education and Community Learning Centre was the scene for a fabulous finale to an art competition launched earlier this year.

Politics in Art – The Arc is Long, was a chance to unearth local talent and exhibit pieces with an LGBTQ+ theme. The winner was Roger Hutchins' portrait of Alan Turning, the celebrated Mathematician and WWII hero who was prosecuted for 'homosexual acts' in 1952 and tragically took his own life two years later. Second prize went to Patricia Laurie's mixed media piece 'Upside Down' and third were six ceramic pieces crafted by Care Plus More learners, a talented group with a variety of learning disabilities and mental health conditions.

The exhibition also included some beautiful flower arrangements in Pride colours from local Level 2 Floristry learners.

# HOUNSLOW EQUALS...



To shape a new Equality, Diversity and Inclusion (EDI) strategy, Hounslow Council wants to engage with as many of its residents as possible to

get their thoughts. Residents' views are essential to help the Council gain a better understanding of existing barriers to equality.

We're taking action to create wealth, promote social mobility, and upskill residents because we want to see local people flourish in a borough which is home to good-quality education, training that builds a skilled workforce, attracts high quality jobs, supports businesses to establish and thrive and creates the foundations for strong, prosperous communities.

Cllr Shivraj Grewal, Cabinet member for Communities and Equalities said:

"Hounslow is a borough rich in diversity but it's also a borough full of distinct areas and places – all vibrant in their own way. We want to ensure the voices of all our residents are heard on matters that are important to them, wherever they live.

"Equality cannot be a buzzword - as a Council, we are committed to take the action, improve the practices and bring in the new measures necessary to reduce inequality across our communities and within our workforce."

"As part of this we want to build a network of community organisations and resident partners to advocate for, promote and get involved in tackling inequality across the borough.

If you would like to help Hounslow Council establish the kind of dialogue needed to remove barriers to equality across the borough, please visit

www.hounslow.gov.uk/EDI-Survey



# **VOLUNTEERS WEEK**

We want to say thanks and honour the hundreds of volunteers that enrich our communities across Hounslow.

As a Council, we work closely with Ealing and Hounslow Community Volunteering Service, with over 1,000 residents from the borough stepping up and investing their time over the last year.

The motivation to volunteer was best captured by Desirèe Douglas, who

volunteers at Heron Way allotment in Feltham: "Like a lot of people, the lockdown experience prompted a need in me to be outside, amongst nature. When I started, that was the overwhelming sentiment amongst everyone at Heron Way. Gardening is good for the soul, and when you're at the allotment, you can just forget all your worries and get planting. There's always a lot to do so you just get stuck in. It's a nice atmosphere and I like the camaraderie."

# Month of Community

The Month of Community shone a light on some of the fantastic charities funded by Hounslow Council, including the School and Family Works which runs a food project across two Feltham primary schools.

The food stalls at Southville and Victoria Junior Primary schools, were developed from the existing Family Groups and aim to help children succeed in school. The charity creates communities of parents and carers in local schools, and each group meets once a week to talk about the struggles their children may be having. The Family Groups enable parents and carers to help each other to share ideas, sort problems and learn from each other – families helping families.

These parents and carers can also volunteer on the food stalls. It provides

another opportunity to feel empowered, help the school, make friends, and pass on surplus food to other families so it doesn't end up in landfill – over three tonnes have been saved so far this school year.



# HELP FOR HOUSEHOLDS

STRUGGLING WITH COST OF LIVING



Many families may find themselves struggling because of the recent increase in the price of items such as food, energy and fuel, so the Council is looking at how it can support people during this challenging time.

It is important to remember there is already support available, both from the Council and through many charities and partner organisations, so it is well worth being aware of some of these sources of support by visiting www.hounslow.gov.uk/costofliving.

Council Leader, Cllr Shantanu Rajawat, said: "We've all noticed our household bills jump this year and I know this will be causing a lot of stress, particularly to families who were already struggling to make ends meet. There is no doubt that the crisis will affect thousands of people

in the borough, including those who have never struggled with money before.

"There are no easy answers, but it is really important that residents plan ahead as best they can to try and manage the impact over the next year if prices continue to rise.

"There are many sources of support within the borough, so do have a look at what's available. There may be help to improve your home's energy efficiency, for example, or you could receive advice on managing debts."

# HELPING YOU COPE WITH RISING BILLS

If you're struggling there are a few things you can do:

- Use our online Benefits
   Calculator to check you are
   claiming the benefits you're
   entitled of.
- Get help to make your home more energy efficient, such as by improving your insulation, or cut your everyday energy use by following tips from the Energy Saving Trust.
- If you have school-aged children you might be entitled to help with school uniform costs or free school meals.
- If you are getting into debt, seek help early. There are many charities which can provide free debt advice to Hounslow residents.
- If you cannot pay for essentials, find out if you could benefit from a Household Support Grant or an emergency crisis payment.
- If you need to, find out whether you could access a foodbank. You need to be referred by a professional such as a doctor or council worker.
- If you are at risk of losing your home, contact the council for urgent housing support.

Visit www.hounslow.gov.uk/costofliving to access all the support mentioned. Even if you are not entitled to means-tested benefits, lots of other useful information is available. If you do not have internet access you can go online at any of the borough's libraries or contact Community Solutions if you need more help.



# **COMMUNITY SOLUTIONS**

# CONTINUES TO SUPPORT HOUNSLOW RESIDENTS

It's been a busy time for Community Solutions and contacts with the team have continued to rise during the first quarter of 2022.

Financial support, assistance with employment and training, energy/council tax rebate advice, support with food supplies or information for sponsors and guests on the homes for Ukraine scheme are the top reasons Hounslow residents have been contacting our locally based Community Solutions teams.

Whether face to face - in up to a dozen or so locations across the borough every week - or via e-mail or phone, the service continues to offer preventative advice and support on a diverse range of everyday issues

One user, John from Hanworth, summed up the Community Solutions experience as follows: "What really I find surprising for the local council and in general is that Liz Gers (Community Solutions Team Manager) just doesn't let things stop when the job is done, she actually follows it up, maybe a month afterwards, or if something else comes up that might be of help. So, there's always that two-way dialogue even after she's nominally finished and that is a fantastic, pleasant surprise."

Cost of living pressures have contributed to the increased number of people reaching out and our friendly team aims to offer advice before you reach crisis point. The team keeps an open mind to your situation and can be a source of support and advice on subjects ranging from finances to wellbeing.

Community Solutions has a network of connections across the borough and the foundations of the service are built on partnerships with relevant groups from the voluntary sector. The team connects Hounslow residents to partners like

Crosslight, the debt advice charity or Groundwork's Green Doctors, experts in greener living and energy saving. Citizens Advice are also a long-term partner and the team, through one-to-one contact, can develop relationships with residents who often have complicated, on-going situations that need input from multiple partners

The contact process has been further strengthened by Customer Service Community Solutions Champions based in the contact centre. So, it's never been easier to contact the team.

Hounslowconnect.com, the service's online hub, is also a source of support and can often be enough for residents looking for a night class, trying to get fit or meet new people.

Life is rarely simple, but Community Solutions can help residents navigate their way through challenging times.



Check out **www.hounslowconnect.com** for further support.



# AND GIRLS FOOTBALL SESSIONS IN HOUNSLOW

### **OVER 18'S:**

- Street45 Heston Wednesdays, 1.30pm
- Afghan & Central Asian Association Football, Spring West Academy, Feltham, Sundays, 2pm
- Just Play Football Gunnersbury Park Sports Hub – Wednesdays, 7pm

### **UNDER 18'S:**

- Wildcats Sessions Hope Church Hounslow, Sundays, 2pm
- Wildcats Sessions Heston FC – Wednesday, 5.30pm
- Wildcats sessions Nishkam School West London, Thursdays, 5pm
- Junior Bees Inclusive

   Bolder Academy,

   MacFarlane Lane,
   Isleworth, Saturdays 10am

# UEFA WOMEN'S EURO 2022

UEFA Women's EURO 2022 took over London welcome signs as the capital welcomed stars from Denmark, Germany, Spain as well as the finalists heading to Wembley on 31 July.

Many of the world's greatest female footballers took part with Brentford playing host to four games including the quarter-final tie.

Brentford's new UEFA Women's EURO roadsign on Lionel Road North showcases the national flags of Denmark, Germany and Spain.



Hounslow Council's Cabinet Member for Parking, Parks and Leisure Services, Cllr Salman Shaheen, said: "I am proud that London was a host city for the UEFA Women's EURO 2022 and it is so inspiring to see the new signage, showcasing the central role Hounslow played in the tournament."

RECORD-BREAKING

# 500,000 TICKETS SOLD

FOR UEFA WOMEN'S EURO

Half-a-million tickets were already sold before a ball was even kicked with purchases from 99 countries, with 20 per cent of ticket purchases coming from outside of host nation England. This includes the other 15 participating national associations and also ticket orders, for example, from North America, China, and Australia, reflecting the global appeal of the competition.

The strongest demand so far has come from England, followed by the Netherlands, Germany, Sweden, and France. There are 700,000 tickets available for the tournament in all.

ONE HOUNSLOW SUMMER OF CULTURE

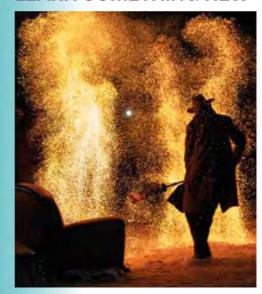
Hounslow's first ever Summer of Culture is well underway. The summer-long programme of events and exhibitions is here to showcase the very best in performance, culture and sport in the borough.

Local communities, businesses, our art centres, museums and historic houses are working in partnership with the Council to celebrate Hounslow's unique spaces and local people.

National, international and local artists are delivering a breath-taking programme of events alongside local activity including music, theatre, spoken word and dance; everyone is encouraged to get involved as there is something for everyone.

This is just a small taste of the free events on offer, so for more information, head to www. inhounslow.com/summerofculture and follow us on social media.

# CONNECT, TAKE PART, LEARN SOMETHING NEW



# **AMOR**

Summer of Culture kicked off in a blaze with the renowned French company Cie Bilbobasso bringing their spectacular show 'Amor'. The event was a real hit in the local community with almost 1,000 attendees including the Leader of the Council, Cllr Shatanu Rajawat and Cllrs Shivraj Grewal and Katherine Dunne.

# OUTDOOR PROGRAMME

Join our spectacular outdoor programme in collaboration with Watermans Arts Centre which will light up Hounslow town centre and Bell Square with amazing world-class events from international and national artists for all to enjoy.

# SATURDAYS AT BELL SQUARE:

30 Julyo- 9pm: 'Aliens from Mons' Teatr Ad Spectatores

A magic mix of comedy, quirkiness and just plain brilliance where performers film their movements lying down on the stage as they are projected back on to a screen.

13 August: 'Anhad' South Asian Arts Outdoor Festival - Hounslow town

A colourful and visual celebration, as part of South Asian Heritage Month, featuring the best local and national artists. Expect breath-taking music, dance, performance and installations at Bell Square with a specially decorated Hounslow High Street.

27 August – 8.30pm: 'Deblozay' - Rara Woulib - Hounslow town centre

The grand finale for Summer of Culture. Working with community groups, residents and local artists, Rara Woulib will create a night-time trip through the memory of Hounslow and its inhabitants. Theatre, imagery and soundscapes come together as the project unearths and celebrates 'lost memories' of the location and its communities.



# **FESTIVAL OF STORYTELLING**

The Festival of Storytelling will feature a vibrant variety of storytellers including puppeteers, musicians, performances and poets. Events are spread across some of the borough's unique venues including our libraries, historic houses and open

To view the full programme and book your free tickets, head to www.inhounslow.com/summerofculture



# **JUDY PREECE**

## **WORKSHOP - Making Stories Come Alive**

Want to improve your storytelling skills? Whether it's using a book or just using your voice, this workshop explores a range of techniques to help make a story come alive and hold the attention of those listening.

22 August, 11.30am - 12.30pm **Bedfont Library** Adults (aged 18+)

### **STORYTELLING - Chicken Licken**

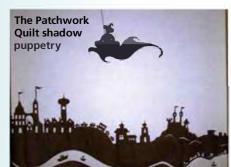
Chicken Licken thinks the sky is falling down, so he sets off to tell the king. What will happen to him and his friends Henny Penny, Little Red Hen, Turkey Lurkey and Goosey Loosey?

26 August: 11 - 11.30am, 12.30pm - 1pm **London Museum of Water and Steam** (garden) Families

# **BRONIA EVERS**

# **STORYTELLING - The Patchwork** Quilt

A fantastic tale of wonder and magic, featuring enchanting shadow puppetry, a 'crankie theatre' with moving scenery, storytelling and sparkling live music.



23 August: 2 – 2.30pm, 3 – 3.30pm Gallery 3, Musical Museum

# STORYTELLING - A Necklace of Raindrops

Stories performed with original live music, spoken word, shadow puppetry and a crankie theatre with scrolling paper scenery.

23 August: 10.30 - 11am, 11.30am - 12pm Gallery 3, Musical Museum **Families** 

# WORKSHOP - Make your own mini crankie theatre and storyscroll

A 'crankie' is a miniature theatre box with scrolling scenery and is a form of pre-cinematic moving image, dating back

to Victorian times. Come explore your creativity and learn a new skill. Crankie making is a fun, accessible art form, with plenty of storytelling potential. No prior experience is necessary, just a willingness to learn as you go along.

24 August, 2 - 5pm Front House, Arts Centre Adults (aged 16+)

## MICHELE EASTMOND

# **WORKSHOP - Telling Stories Connecting Generations**

Think of your favourite story. Who told it to you and what makes it so memorable? Was it the content or was it the teller of the tale spinning and combining words and phrases to magically draw you into a different place?

23 August, 11am - 12.30pm The Hub, Feltham Library Families (aged 12+) and adults

25 August, 11am - 12.30pm The Salopian Garden Families (aged 12+) and adults

# STORYTELLING - Caribbean **Folklore**

An exploration of the stories, characters and tales that have transcended through generations and painted the landscape of Caribbean traditional storytelling. Learn more about the folklore characters and whispered mysteries attached to the most iconic beaches, churches and popular destinations.

23 August: 2 - 2.30pm, 3 - 3.30pm The Hub, Feltham Library Everyone

25 August: 2 - 2.30pm, 3 - 3.30pm The Salopian Garden Everyone

# **XANTHE GRESHAM-KNIGHT**

# STORYTELLING - Kitchen Kundalini

In the Kitchen Garden of Chiswick House, storyteller Xanthe Gresham-Knight brews herbs, blends sweetmeats and tells tales of Goddesses, Buddhas and Holy Herbs. Warning: recipe contains nuts.

22 August, 7 - 8pm Kitchen Garden at Chiswick House and Gardens

Adults (aged 18+)

## **STORYTELLING - Goddesses** and Heroines

Since ancient times, goddesses and heroines have given shape to the wonders of our world. Explore the desert with the snake of Inanna, surf the spray to play with Aphrodite's dolphins - be feisty, be fearless and become a legend.

24 August, 2 – 3.30pm (with 20-minute interval) Concert Hall, Musical Museum Interactive storvtelling for families (aged 6+).

# THE CRICK CRACK CLUB

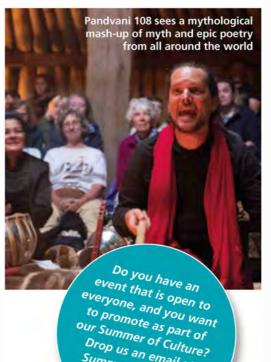
### Pandvani 108

A high voltage mythological mash-up coming to a street corner near you! Storytelling and music ensemble Crick Crack Club brings all the very best bits of myth and epic poetry from the world's four quarters.

25 August: 10.30am - 12.30pm **Heston Library Garden** 3 – 5pm **Hounslow High Street** Everyone

26 August: 10.30am - 12.30pm **Feltham High Street** 3 – 5pm **Feltham Green** Everyone

28 August, 11am - 1pm **Shrewsbury Walk, Isleworth Everyone** 



hounslow.gov.uk

Drop us an email at SummerofCulture@

5 July - 15 January 2023 during park

# **EXHIBITIONS**

A host of exhibitions will be taking place across the borough highlighting the culture and heritage of Hounslow and the people who live here. Whether it's art, local history, sport or photography, there's an exhibition that's bound to excite you.

# **GUNNERSBURY PARK** AND MUSEUM

Cost: Free, just turn up **Gunnersbury Park Museum** 

# Offside: Women's Football in **West London & Beyond**

Celebrate the diversity and inclusivity seen across local and national teams - from the ground-breaking Black and Asian players of the 1990s, West London's first football club for Afghan and Muslim girls, Abresham FC, to the first out lesbian team. Explore the role of Brentford Football Club's Griffin Park in women's football history and the West London origins of the film 'Bend It Like Beckham'.

5 July - 9 October Tuesdayo-Sunday, 10am - 4.30pm

# Outdoor:

# **UEFA Women's Euro 2022**



2022 is an important year for women's football, as England hosts the UEFA Women's EURO and the Lionesses mark their 50th anniversary.

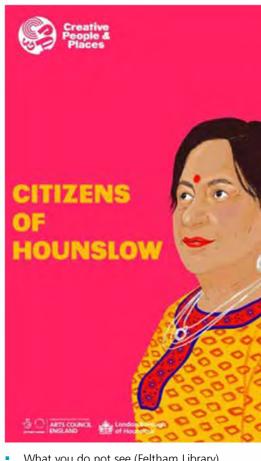
Visit the outdoor exhibition to discover over 140 years of women's football history and learn about how local people shaped the development of the sport.

opening hours

# **CREATIVE PEOPLE AND PLACES EXHIBITIONS**

# **Open until 4 September**

Creative People and Places is about local people choosing, creating and taking part in the arts and culture on offer to them. These exhibitions are curated across Hounslow focusing on the western edge of the borough. For more information, head to www.hounslowvisualarts.org. uk/exhibitions



- What you do not see (Feltham Library)
- Superfluus (Cranford Library)
- Animal Stories (Heston Library)
- Creativity Unblocked (Bedfont Library)
- Spring Rising (Hounslow House)
- Vibrant Landings (Hounslow Library)
- Regeneration on Hounslow Heath and Late Summer on Bedfont Lakes (Hanworth Library)
- Visions (Salisbury Café)
- Citizens of Hounslow (Treaty Centre)

# LOCAL HISTORY EXHIBITIONS

Local history exhibitions will be taking place through the summer in our libraries helping people to connect with where they live and offering the opportunity for them to contribute to the local story. Why not head down to your local library and share your memories?



# AT HOME WITH THE HOGARTH'S -

Hogarth's House in collaboration with the William Hogarth Trust

This exhibition uses a family tree of Hogarth's portraits reproductions to introduce you to the people and animals who lived at Hogarth's House.

From 12 July, 12 – 5pm Tuesdays - Sundays Great West Road, W4 2QN

# FELTHAM STATION GALLERY

The exhibition features a selection of works from year 9 pupils at Reach Academy who participated in workshops led by Bedfont based photographer Aiyush Pachnanda, supported by local artist Aysha Khan.

4 July - end of September, open all day, everyday. Old Feltham Station Entrance, Hounslow Road TW13 4BY

WANT TO
VOLUNTEER?
VOUNTEER?
Would you like to volunteer at
events during summer of Culture?
events during to take part and
great opportunity to take part and
meet new people.
meet new people.
To register your interest, please
email Ealing and Hounslow CVS
email Ealing and Hounslow CVS
enail Ealing and Hounslow CVS
enail Ealing and Hounslow CVS
enail Ealing and Hounslow CVS

# FILMS ON THE GREEN

Coming to a green space near you. Summer of Culture will be offering a host of outdoor film screenings for all the family to enjoy. These showings are completely free, you just need to book your ticket online.

For locations and booking information, head to www. inhounslow.com/summerofculture

# **Bend It Like Beckham**

Showing: 29 July – 6pm, Redlees Park



### **Encanto**

Showing: 5 August – 6pm, Lampton Park 12 Auguste- 6pm, Heston Park



### Aladdin

Showing: 6 August – 6pm, Hounslow Heath



# CHISWICK FLOWER MARKET

London's biggest flower market is held on Chiswick High Road. Chiswick has great places to eat, vibrant boutique shops and beautiful parks.

The first Sunday of every month, Chiswick High Road 9amo 3.30pm High Road's Old Market Place

# **TRANSHUMANCE**

Winner of a Best Weekly Award for Circus and Physical Theatre, Transhumance takes its audience on a journey across the landscape of gender in a clown's playful exploration of what it means to be a trans human.

28 July, From 7pm The Arts Centre, Hounslow Adults (booking required) Pay What You Decide

# **HOUNSLOW JAM NIGHTS**

Every Thursday, The Arts Centre, Hounslow, will be hosting a weekly Jam Night. Come down and listen to local musicians, play your own tunes or watch your neighbours showcase their talent.

14, 21, 28 July; 4, 11, 18, 25 August; 1 September Doors open at 6.30pm, show starts 7pm – 11pm, The Arts Centre, Hounslow

# YOUNG PEOPLE'S SUMMER FUN DAY

Calling all teens to join the Gunnersbury Youth Forum for an afternoon of creative workshops, board games and live music.

23 August, 2pm – 4pm Gunnersbury Museum - no booking required

This event is suitable for young people aged 13-19

# TALE BE TOLD YOUTH

Learn from leading professionals, devise your own work and develop your performance skills. Take part in shows and have fun.

6, 13, 20 July, 5 – 6.30pm Bedfont Lane Community Centre, Feltham, TW14 9NB. Price: £2 per session For ages 11-18 years. Contact: kulraj@talebetold.co.uk



With the Council waiving road closure fees for street parties and offering grants to community groups of more than £50,000, Hounslow celebrated the Queen's Platinum Jubilee weekend in style.

During the four days of festivities, the borough was alive with more than 77 street parties, including 12 play streets for children to enjoy, and a host of events and activities in Hounslow's parks and green spaces.

Highlights of the borough's celebrations included a special 'Beacons at Bedfont' - which saw beacons lit at Bedfont Lakes to commemorate the Queen's 70 years on the throne.

Other activities at Bedfont Lakes included lantern-making, an outdoor movie screening, a funfair and self-led trails through the great outdoors.



Council Leader, Cllr Rajawat, who attended the beacon lighting said: "The London Borough of Hounslow holds the Queen's role and contribution to our nation in deep affection. Over the celebratory weekend, our communities and residents have shown exactly this. They have done our borough and our nation proud."



# MORE TREES FOR THE JUBILEE

The Council's parks team and partner GreenSpace 360 are continuing to put in the spadework to boost the borough's tree count and are encouraging everyone to 'plant a tree for the jubilee' and register it on the website.

So far, hundreds of new trees have been added to Hounslow's green scene as part of the project and have been planted at Turnham Green, Boston Manor Park, St Paul's Recreation Ground, Sutton Manor and Farnell Road open space. Varieties include cherry, horse chestnut, holly, hornbeam and crab apple.

As well as the tree planting, the Council has created a carved wooden jubilee crown at Boston Manor Park.

Hounslow Council's Cabinet Member for Parking, Parks and Leisure, Cllr Salman Shaheen, said:

"The Council is committed to making our borough a cleaner, greener and healthier place for everyone. Planting trees for everyone to enjoy is a great way of helping to achieve this."



### SUMMER OF CULTURE & SPORT Activities Summer®f Culture Activity Historic House Get inspired and try something new with a fantastic range of activities from Hounslow's community and sport partners Museum Women's Outdoor gym **Football** Wildcats **Exhibition** Health Walks/ **Football Centre** www.visitgunnersbury.org Disability Gunnersbury **Local Trails Nishcam School Sports Club &** Museum Walking Cricket wicket Learn to (Girls 5-11 www.nationaltrust. Gunn Online Sessions rsbury Park **Football** ora.uk/osterlev **Ride Osterley** years) (all ages 5yrs+) **②**Play area **Heston West** Park **Big Local €**Golf Chiswick Back Common Brentford Fountain Leisure centre Turnham Green North and South Osterley House Tennis court and Park Convent **Boston Manor** Cruyff Court Skate ramp House and Park (kk) Heston Pools Nishcam CHISWICK Parkour Cranford College and Fitness School BRENTFORD Jersey Gardens Avenue Park **OSTERLEY** parkrun Chiswick House Hawthorn Hatch Heston Park and Gardens Pool CRANFORD **HESTON** Heston **Games** area Duke's Meadows **Community School** Osterley Sports (kk) and Athletics Centre **Boating/Rowing** Films on Lampton Park Syon House the Green reconnecting-bmp **Cycling** Heston Green Gym (coming soon) Thornbury St John's Gardens ( Orienteering Lampton Beaversfield Park • nwood Park eisure summer Hounslow Brentford High Street ISLEW **Holiday activities** Beavers activities Community HOUNSLOW Green Lane Redlees Park Community Football & Wildcats Sessions Stadium Sports Ground School Summer Of Ability Bedfont Culture event Cycling Leisure Centre **Donkey Wood** Recreation **Inwood Park** vybridge **Hounslow Heath** Ground Duke of Northumberland River Feltham Park CHILDREN AND YOUNG PEOPLE Discover a great range of local walks: force.org.uk/discover . Holiday Activities and Food Clubs **BEDFONT** Free holiday clubs (eligibility criteria applies) Countryside FELTHAM \* better-health Visit: fsd.hounslow.gov.uk Springwest Rangers cranevalley.org.uk **Bedfont Lane** Academy · Learn to ride **WOMEN AND GIRLS** Summer Feltham **Open Space** Hounslow **Programme** · Just Play sessions and Football For all High Street Pond Crane Park Visit: ind.englandfootball.com Hanworth Park Outdoor hounslow St Dunstan's • Wildcats Football 5-11yrs **Bedfont Lakes Performances** Hanworth Visit: www.englandfootball.com/play/womens-Park **Country Park** Air Park and-girls-football DISABILITY Leisure Centre · Ability Bike HANWORTH Local Summer Activities and Services for 0-19vrs







**Xplorer** 

Orienteering -

all ages



Outdoor

**Summer Fun** 

**Nature Trails** 

**Feltham Arts** 







Vew Chiswick

- Visit: fsd.hounslow.gov.uk
- Fun and games every Saturday in your local park Gunnersbury, Osterley. Visit: www.park-play.com
- . Films on the Green Summer of Culture Calender Visit: inhounslow.com/summerofculture

# **ADULTS/OLDER ADULTS**

- · Community Health Walks Visit: www.oneyouhounslow.org/
- Adult lessons Lampton, Hanworth, Osterley, Convent Way Visit: www.bikeworks.org.uk/

Adapted bikes to suit all abilities (pre booking required) Visit: www.hounslow.gov.uk/allability-cycling

Short Breaks For Children and Young People 0-18yrs Visit: www.hounslow.gov.uk/ shortbreaks-disabled-children



After three years of hard work and devotion from members of the Dukes Meadows Trust, the spectacular Promenade Approach Gates at Dukes Meadows are officially open for everyone to see.

Originally installed in the 1920s, the Dukes Meadows Trust has led the project to restore the stunning gates, raising the funding for the restoration. The group has been supported by Hounslow

Council, Heritage of London and the Ironmongers Company.

The gates were officially opened by Mayor of Hounslow, Cllr Raghwinder Siddhu, along with dignitaries including

Brentford and Isleworth MP Ruth Cadbury, Hounslow Council's Cabinet Member for Parking, Parks and Leisure, Cllr Salman Shaheen and local Chiswick Homefields Cllrs John Todd and Jack Elmslev.

# PARK RANGERS ARE GO!

There's a new team in town and it is on a mission to help residents and visitors make the most of Hounslow's parks and open spaces.

Members of the new Park Ranger Service patrol the borough's parks. Since the service was introduced, the rangers have spent more than 800 hours patrolling the borough's parks, removed 159 pieces of graffiti, 66 items of fly-tipped waste, removed more than 1,000 bags of rubbish and dealt with five abandoned vehicles.

The ranger service is a joint initiative between Hounslow Council and its parks partner, Lampton Community Services (LCS).



Hounslow Council's Cabinet Member for Parking, Parks and Leisure Services, Cllr Salman Shaheen, said: "It's great to see the team out and about. We know that the borough's parks and open spaces mean so much to our residents and they make Hounslow a great place to visit and enjoy."

Lampton Community Services Director of Transformation, Simon Shewry, said: "The Park Rangers are having a terrific impact across the Borough. Please speak to them when you see them to learn more about their roles and give your thoughts on how we can make parks even better."

# HOUNSLOW LEADS THE WAY ON **LONDON'S GREEN ECONOMY**



**Hounslow Council** has launched its vision for the future of London's Green Economy.

As part of a citywide Climate Change initiative involving all 32

London boroughs and the City of London, Hounslow has produced a new plan entitled Building the Green Economy.

The plan sets out how local authorities plan to double the size of London's Green Economy by 2030 including the growth of sectors such as sustainable house building and construction, green and active transport, industrial decarbonisation and promoting the circular economy through recycling and reuse.

Hounslow Council's Deputy Leader and Cabinet Member for Climate, Environment and Transport Strategy Cllr Katherine Dunne, said: "As an authority, we have taken great strides to ensure that reducing carbon and providing a sustainable future for the people we serve is at the heart of everything we do.

"If we are to have a real impact on the climate agenda, then the business community, jobs and future employment have a pivotal role to play."

The Mayor of London's Office has committed £10m in funding the city's Green New Deal.

Read Hounslow Council's full report, Building the Green Economy: www. londoncouncils.gov.uk/our-keythemes/climate-change



# IT'S ONLY WASTE IF YOU WASTE IT

Plans to tackle waste, litter and improve recycling rates were given a £3.8m boost last year. This includes new measures to roll-out a food waste service to 24,000 flats and schools by the end of 2022.

With the cost-of-living crisis at the top of the national agenda, the message from the Council's Waste and Recycling Team is a simple one: Let's not waste it.

Hounslow Council's Cabinet Member for the Environment, Highways and Operational Services, Cllr Guy Lambert,

have been doing some great work with their recycling.

"All our plastics, cardboard, paper, metals and glass are sold to recycling companies, mainly in the UK, which not only gives us an income to offset what we need to collect in council tax, but also ensures what we collect has a real value and is actually recycled rather than being dumped somewhere. We know that people are feeling the pinch and the Council is here to help. At a time like this, we cannot afford to waste council taxpayers money paying for waste to be incinerated."

**Cllr Shaheen with Friends of Watermans** Park Chair Phil Jones and Friends member said: "We know that people in Hounslow Kal Watrobski

area are just some of new features at

With outstanding views of the River Thames, the park also has a new play

area designed in partnership with young

St Paul's CE primary schools. The project

has also been supported by the Friends of

Philip Jones, Chair of the Friends, said: "We envisage the park being a vibrant community amenity which can host community events as

well as an attractive recreational space by the

The park's new plants, trees and shrubs contribute to the borough's climate

change ambitions and are helping to make

Hounslow a cleaner, greener and healthier

place to live, work, study and play.

people from the nearby Green Dragon and

Watermans Park.

Watermans Park.

Thames for all to enjoy."



Dave Cox, Chair of Charlton House Residents' Association in Brentford talks about the regeneration of his estate.

You wouldn't expect a former nightclub bouncer at the swanky nightclub Raffles to be a chair of a residents' association. However, Dave Cox - Chair of Charlton House residents' association in Brentford is just that.

He played an integral role in cementing the regeneration of the estate in Brentford, which will transform the run-down estate into 200 brandnew homes. All homes will include a balcony, terrace or garden, along with communal courtyards and rooftop terraces for residents to socialise and for children to play.

"Residents here are ready for change," he said simply. Advocate, mediator, broker, whatever you might call it - Dave has been instrumental in ensuring residents have a key role in the regeneration of their homes and surrounding neighbourhood.

"Many of the residents on this estate come to me for support. Hopefully I can play a part in being their voice." In February 2021, an overwhelming 87 per cent of residents voted in favour of the regeneration with an impressive 80 per cent voting in the ballot – higher than the norm. In March 2022, Hounslow Council formally approved the regeneration at its Planning Committee.

While the pandemic brought unprecedented challenges for consulting with residents - Dave believes it also presented new opportunities.



"As the consultation was primarily done online, residents were given the opportunity to give feedback that fitted around their schedule," he explained.

This meant residents who might work unsociable hours or have mobility issues could offer their views from the comfort of their own home.

His only criticism is that the pandemic slowed the process of regeneration down: "residents are really excited about their homes - they want it to happen now."

Living in the borough for more than 40 years, Dave has also worked for Middlesex Association for the Blind before retiring a couple of years ago.

"I do believe residents should expect recognition and have say in how they live."

Cllr Tom Bruce, Cabinet Member for Regeneration and Development, believes this estate is an exemplary model of how regeneration should work.

"The regeneration of estates has come under increasing criticism in recent years. However, we have to remember this is residents' homes and livelihoods. That is why we put the residents of this estate at the forefront of our minds when planning the regeneration.

"We are committed to retaining the strong sense of community on this estate while simultaneously creating a new neighbourhood that reflects the residents' needs and aspirations."



# RESETTLEMENT INITIATIVE SUPPORTS REFUGEES IN CRISIS

With 188 languages spoken in the borough, Hounslow has always prided itself on being a borough rich in diversity encompassing a multitude of religions, cultures and languages.

It was this steadfast commitment to diversity that contributed to Hounslow Council pledging its support to Syrian refugees in 2015.

By 2020, Hounslow had welcomed ten Syrian refugee families to the borough.

However, the Council's pledge was about more than putting a roof over heads. Working closely with the Islamic Integration Centre and Refugees Welcome Hounslow, Hounslow Council ensured that the refugees had the tools and resources to rebuild their lives.

For more information about our Refugee resettlement programme, contact us on 020 8583 3942 or at myindependence@hounslow.gov.uk

# **GHAITH'S STORY**



Ghaith, who arrived in Hounslow in his early twenties, was seeking refuge from Syria in 2012.

The Council assisted with his enrolment on an ESOL (English for Speakers of Other Language) course and had conversations with him about his future goals. After expressing his interest in attending university to study media, Ghaith was accepted on to a media course at the University of West London. Four years on and Ghaith is nearing his final steps to graduating to go on and pursue a career in Media and TV, to one day become a producer.

"Every year I become more confident as a resident within the borough."

# **RASHA'S STORY**

As a mother-of-two and wife and carer to her disabled husband, Rasha faced difficulty and uncertainty when resettling in an unknown environment. When Rasha and her family arrived in Hounslow, the Council helped her sign up to ESOL and a digital course to help her increase and improve her IT skills. The Council later assisted with Rasha's application for a provisional driving licence, as well as providing information on the driving tests that she would take; and Rasha successfully passed her test. This milestone, though it may seem small to some, is huge for Rasha and her family.



"I was initially anxious about moving to the UK, but with the support of our Resettlement Support Worker at Hounslow Council and Refugees Welcome Hounslow, I gradually built the confidence and skills to make Hounslow my home.

"My family and I feel lucky to be living in Hounslow. It is a multicultural place to live in, where everyone is respected."

Cllr Sue Sampson, Cabinet Member for Housing Management and Homelessness, said: "Our refugee resettlement programme is so much more than providing bricks and mortar. We want to give these refugees, who are often traumatised from war, the tools and resources to thrive in our borough. The experiences of Rasha and Ghaith illustrate this point and I would like to personally thank our partners for ensuring our refugee families become proud residents of Hounslow."

# what's going on AROUND HOUNSLOW

# **Welcome to Hounslow**

Hounslow is an exciting and vibrant west London borough, with lots of things to see and do. Around Hounslow includes fun things to do for all the family including children and young people. It's advisable to check with the organiser or venue if the event or activity is still going ahead.

# Gunnersbury Park & Museum

# RETURN TO NATURE

# 31 July, 21 August 11am- 1pm

Explore the creatures in Gunnersbury Park. There is a great selection of birds, butterflies, dragonflies and wild flowers to see, learn about and enjoy.

£10

# MINIBEAST SAFARI AND POND DIPPING

2, 9, 23 August 11am - 12.30pm, 1.30 - 3pm

Grab your minibeast spotting equipment, head out into the park and discover the hidden world of insects in this fascinating workshop.

£7

# YOUNG PEOPLE'S SUMMER FUN DAY

# 23 August, 2 - 4pm

Afternoon of creative workshops, board games and live music for young people. Embroider a beautiful design on a tote bag you can take home, painting session, talented local singers and performers, board games.

Young people aged 13 - 19. Free, just turn up on the day (booking essential for the Tote bag workshop)

**RHYME AND** 

**STORYTIME** 

# 2 September, 11 - 11.30am, 2 - 2.30pm

Join us for rhymes, action songs, and interactive story book readings for babies and toddlers with their grown-ups. Limited places, book in

f2

advance.

# PILATES FOR BEGINNERS

# 3, 10, 17, 24 September 2 - 3pm

Series of pilates sessions for beginners at Gunnersbury Park. These sessions will focus on abdominal core strength, posture, improvement of balance and flexibility.

£10 per session

For more info visit www.visitgunnersbury.org/whats-on

# CHISWICK HOUSE AND GARDENS

chiswickhouseandgardens. org.uk/whats-on

# BIZZY BUDDIES SUMMER CAMP

8 July -1 September, 9am-3pm (9am-12pm and 12pm-3pm)

The ultimate indoor/outdoor playground with multisport,

arts and crafts and team building for children aged 3 – 14eyears.

From £25 (half day)

# FEARNE COTTON'S HAPPY PLACE FESTIVAL

# Saturday 6 August 2022 to Sunday 7 August 2022

Get to hear enlightening talks and exclusive podcast recordings from festival curator Fearne Cotton, alongside special guest speakers with topics ranging from recovery and taking risks, to making life-changing decisions and body positivity, plus tips to transform the way you think, move and sleep.

Adult: £35.75 Child (age 5-16): £16.50 Under 5's: Free

# PUB IN THE PARK

# Friday 2 September to Sunday 4 September

The ultimate celebration of food and music this summer. Seriously music line-up, with everything from R&B and soul to rock and pop, including Craig David TS5, The Sugar Hill Gang, Beverley Knight, Faithless DJ set, Sophie Ellis-Bextor, and The Christians.

www.pubintheparkuk. com/chiswick

# Feltham Arts SUMMER TIME HIP HOP CLASSES

22nd July - 1 September 10.30am - 12noon, 4.30pm - 6pm Grosvenor Park, Feltham, TW13 4EQ

Join Fitness & Wellbeing with Naomi who will be hosting fun hip hop classes to the latest hits... ensured to keep your child busy, active and entertained during the Summer! Days TBC. 15 places available and offered first come first serve. Option to have 1 or 2 classes a week. Ages 5-12 years £3 a class (45 mins), £5 a class (90 mins), Discounts for

siblings!

Email: nhoughton6@icloud. com or call 07311 020800

www.felthamarts.org

# HOGARTH HOUSE

# LITTLE HANDS WOWLAB DROP-OFF WORKSHOP

23 July, 1pm - 3pm

In this fun drop-off workshop with Little Hands, children will participate in S.T.E.A.M. based demos and experiments.

Ages 6-11, £16

# WAGGLE DANCE WEDNESDAYS

3, 10, 17 & 24 August, 11am - 12noon

Waggle Dance Co offers storytelling & creative dance workshops designed for 8-12 year olds.

Children must be accompanied by a responsible adult at all times. Spaces limited to 15. £12

For info and how to book, wisit www.hogarthshouse. org/events-exhibitions

# Moving Communities

Tell us what you think about active leisure and physical activity in Hounslow. Hounslow Council and Sport England are conducting a survey around physical activity to help understand your views.

Please visit:

www.hounslow.gov.uk/ moving-communities

# CREATIVE MILE The Brentford Art Trail is back - 2-4 September



For more info, visit: www.creativemile.org

As many of us approach the start of the summer months we look forward to enjoying the sunshine, warmer weather, holidays, social events, and spending more time with family and friends, but for some of us this time of year may trigger feelings of loneliness, depression, anxiety and being

Just as it requires time to self-care and adopt healthy behaviours to build and maintain physical health, the same is true for being mentally healthy too.

overwhelmed.

Whether you're looking to manage these feelings, cope with a specific mental health problem, become more resilient, or simply feel more positive and energetic, there are tips and support available to help you maintain your wellbeing and mental health over the summer which can help improve how you feel physically too.

ealthier min

healthier life

If you're managing stress – Good Thinking provides a range of free digital resources for help with stress, sleep, anxiety and low mood. Visit www.goodthinking.uk

For loneliness and feeling a lack of motivation, **OneYou Hounslow** offers everything from mental health support to stop smoking and drinking less, to activities such as Community Health Walks to stay socially connected.

www.oneyouhounslow.org

Staying active, whether it is going to the gym, signing up for a yoga class or taking a walk outside, physical activity is known to boost your mood.

Better Points is a reward programme where you can log a range of healthy activities and then redeem for high street rewards or donate to charity.

Healthier body,

oneyouhounslow. betterpoints.uk

Parkruns are also an opportunity to feel part of your community, with free weekly events all around the world. Saturday morning events are 5k and take place in parks and open spaces. On Sunday mornings, there are junior runs for children too. You don't have to run, there are lots of 5k walkers too. www.parkrun.org.uk

For help managing health and weight, families in Hounslow can benefit from a team of trained nutritionists and wellbeing coordinators who run fun support sessions at **www.beezeebodies.com**From food choices to exercise, **BeeZee Bodies** can help you create healthy long term sustainable changes.

Trying these things could help you move towards feeling more positive both mentally and physically. We all probably know someone who could benefit from this kind of support, please spread the word that there are free resources available to help.



Did you know?

Some children aged 2, 3 or 4 can receive up to 15 or 30 hours a week of free or funded childcare





Visit: www.hounslow.gov.uk/childcare

Call: 020 8583 3470

















Unfortunately we can't include all of them but here are some highlights.











# **KNOW YOUR COUNCILLORS 2022**



**Lily Bath** 



Adesh Farmahan



Raghwinder Šiddhu



Marina Sharma



Rhys Williams

# BRENTFORD WEST



**Guy Lambert** Environment, Highways & Operational Services



**Parizotto** 



Biddolph



Ranjit Gill



Ron Mushiso

### CHISWICK HOMEFIELDS





Gerald McGregor



John Todd

### CHISWICK RIVERSIDE



Amy Croft



Giles



Peter Thompson Leader of the Opposition

### CRANFORD



Ghazala Butt



Sukhbir **Dhaliwal** 



Vickram Grewal

### **FELTHAM NORTH**



Muhammad Shakeel Akram



Samina Nagra



Kuldeep Tak

**FELTHAM WEST** 



Madeeha Asim



Hina Mir



Alan Mitchell

### HANWORTH PARK



Bishnu

**Farah** 



Richard



Allan Joseph



Noreen

# **HESTON CENTRAI**



Harleen



Shivraj Grewal Atwal Hear Communities & Equalities



Riaz Gull









Adriana Gheorghe





Karamat Malik



Shantanu Rajawat Leader of the Council



Bhatti



Ajmer Grewal Safety



Pritam Grewal

# HOUNSLOW EAST



Junue Meah



Daanish

# **HOUNSLOW HEATH**



Samia Chaudhary Adults & Health Integration



**Afzaal Kiani** 



Farhaan Rehman

### **HOUNSLOW SOUTH**



Tom Bruce Regeneration & Development



Sayyar Raza



Karen Smith

# **HOUNSLOW WEST**





Jagdish



**Mohammed** 



Sue Sampson Housing Management & Homelessness



Salman Shaheen Parking, Parks & Leisure



John Stroud-



Unsa



AND SPRING GROVE

**Tony Louki** 



Siddiqui



Dan

**Katherine Dunne** 



To find out which ward you live in, who your councillor is and how to contact them, visit www.hounslow.gov.uk/democracy\_and\_elections or call 020 8583 6808

