

Lampton Greenspace 360 - Individual volunteering protocol for social distancing in parks & green spaces during Covid-19 restrictions 2020

According to government guidance, if you're not in a high-risk group, there is an opportunity for you to meet with up to five people and undertake a limited set of activities, providing they follow government guidance and is approved by Lampton Greenspace 360 (GS360).

If you're interested in volunteering, please read the guidance below carefully to ensure how you can volunteer.

You can volunteer if:

- you're well
- nobody in your household has coronavirus symptoms, i.e. a cough or high temperature
- you're not pregnant (extra precautions apply if you are)
- you do not have any [long-term health conditions that make you vulnerable to coronavirus](#)

You can only undertake activities that are included in your risk assessment including:

- Litter picking
- Watering plants or trees
- Any other relevant activity

Please let us know if you wish to volunteer and what type of activity you would like to undertake, contact details are given below; please note you will be asked to complete a risk assessment form before you can volunteer.

If you volunteer please follow the rules below, whilst undertaking your activity:

1. Ideally do not volunteer for a site where you have to use public transport.
2. You must maintain a safe distance of 2 metres from others.
3. *Volunteer with no more than five other people outside your household, you must maintain a distance of 2 metres at all times; it is advisable to work side by side to reduce the risk of infection.
4. Do not volunteer if your park or green space is too busy for you to maintain a safe 2 metre distance from others.
5. Ideally you should wear a mask to avoid spreading the virus if you are asymptomatic

6. Please do not promote the time and place you intend to undertake any activities. This may cause gatherings of people which goes against the social distancing guidelines, just promote it within your inner circle of 5 people.
7. Wash your hands before and after undertaking any activity with soap and warm water [or hand sanitiser if not available].
8. You should have hand sanitiser with you and wash your hands frequently, ideally take a flask of hot water, soap and paper towels with you.
9. Avoid touching your face while working.
10. Wear gloves, to prevent infection, in case of cuts on hands and avoid touching your face.
11. Remember that gates, locks, benches etc. are used by everyone, use hand sanitiser after touching surfaces.
12. Do not share tools or other items with anyone else and disinfect them after you finish using them, especially handles / main contact areas.

Thank you for supporting your local park or green space.

Recommended PPE and equipment list

- Fully charged mobile phone in case of emergencies.
- One set of gardening gloves per person
- Hand sanitiser
- High viz jacket if available

Please do get in touch with us, if you wish to volunteer or have any other questions or concerns.

You can contact us at: <mailto:parks@hounslow.gov.uk>