

The Hounslow Early Help Offer for Families 2019-2021 (Phase 1, August 2019)

This document may be read in conjunction with:Hounslow Early Help Partnership Commitment 2019-2021Hounslow Early Help Practice FrameworkHounslow Early Help Hub – Guidance for PractitionersCommunity Action Partnership Panel – Terms of ReferenceHounslow Early Help Performance & Impact FrameworkHounslow Early Help Quality Assurance Framework (in development)Hounslow Safeguarding Children's Board Thresholds Guidance and Assessment Protocol

1. Introduction and Context

This document reflects the commitment of the Hounslow Early Help Partnership to offer, and publish, a co-ordinated set of multi-agency interventions dedicated to families who would benefit from early help: a new Hounslow Early Help Offer.

In line with the Hounslow Early Help Partnership Commitment, we will work throughout 2019-2021 to ensure that there is a range of interventions available across the Partnership which are dedicated to meeting need early. These will be evidence-based, deliver value for money, and provide good fit against the needs of our residents and drivers of demand for specialist services.

We will achieve this by:

- Mapping and analysing our partnership interventions offer in order to understand current strengths and gaps.
- Developing the intelligence required to understand how our partnership resources can best be targeted to meet local needs and mitigate against drivers of demand.
- Considering where commissioning of new services and development of the market may support our Early Help Offer.
- Applying ongoing learning from research and other Local Authorities in terms of 'what works'.
- Defining and publishing our partnership Hounslow Early Help Offer.
- Reviewing our Offer against a changing landscape, in particular with regard to legacy arrangements following cessation of the national Troubled Families programme in 2020.

2. What information is provided in this document?

This document formalises the Offer on a strategic level. It defines the early help interventions and services available across the borough, how these are accessed and the approach that families and practitioners can expect across all parts of the Offer.

This document is accompanied by a practical reference guide for families and practitioners on the <u>Family Services Directory</u>, ensuring clear information on the Offer, referral routes and contact details is published on a day-to-day basis to support families to access services they require.

The Early Help Offer is considered under ongoing development during 2019-2021. This document, together with the Early Help Offer information on the <u>Family Services Directory</u>, will be updated regularly to reflect changes in the Offer.

3. Who is the Hounslow Early Help Offer designed to support?

Hounslow Safeguarding Children's Board describes children who would benefit from early help as:

Children with additional needs, who may be vulnerable and showing early signs of abuse and/or neglect; their needs are not clear, not known or not being met.

These are children who require additional services such as family support services, parenting programmes and children's centres. These will be provided within universal or targeted services provision and do not include [statutory] services from children's social care. Families whose children and young people are thriving via universal service provision offered routinely to all, e.g. schools and GPs, and who have no additional needs, will not meet the criteria for the Hounslow Early Help Offer. They will continue to have full access to universal services to support their ongoing progress.

Likewise, families whose children have complex needs (such as complex Special Educational Needs and Disabilities or complex Mental Health difficulties) or who are at risk of significant harm will not meet the criteria for the Hounslow Early Help Offer. Their needs will be better met by the range of specialist interventions available in the borough.

Some families may have within them children and young people with different levels of need. Thus, they may be accessing the Early Help Offer for one or more children or young people within the family, but not for all. These other children or young people may be thriving with the Universal offer or receiving specialist interventions.

It is important to note that this continuum is fluid, and that as children's and young people's needs change throughout their development so may the level of intervention at which they and their families are best supported. Those receiving specialist services may find that the Early Help Offer or universal service provision meet their needs more appropriately at some times in their lives. Likewise, those whose needs appear fully met by universal services may find at other times that they require more intensive support from the Early Help Offer or specialist services to navigate difficulties.

Children and young people with complex or acute needs will, depending on the nature of their needs, meet the criteria for the Hounslow Local Offer, Tier 3 or 4 CAMH services, statutory Children's Social Care and Youth Offending services, EHC plans, and/or the Healthy Child Programme Universal Partnership Plus pathway. This specialist support will be delivered in addition to the interventions they receive from universal services on a daily basis.

Children and young people with additional needs will meet the criteria for services in the Hounslow Early Help Offer. This also includes targeted support delivered within universal services on a daily basis, such as SEN Support and Healthy Child Programme Universal Plus and Universal Partnership Plus pathways. Where a whole family intervention is required the level of intervention will be by best fit to the family's overall level of need, even if individual children or young people have differing levels of need.

Children and young people who have no additional needs will be best supported by universal service provision offered routinely to all, e.g. access to education, GPs and Public Health services.

CYP with acute needs

Tier 4

Tier 3: Children and young people with complex needs

Tier 2: Children and young people with additional needs requiring a bespoke response

Tier 1: Children and young people who thrive with the universal service offer – no additional needs

4. What does the Hounslow Early Help Offer consist of?

The Hounslow Early Help Offer consists of a menu of interventions available in the borough which are specifically designed to provide effective support to children, young people and their families as soon as problems emerge, across a range of presenting needs. Interventions are not solely those delivered or commissioned by the Council, but reflect the wider offer by services across the Hounslow Early Help Partnership and reflect our commitment to a coordinated multi-agency approach. For inclusion in the Offer, interventions have met the following criteria:

1) they are targeted at children and young people with needs falling under tier 2 of the Hounslow Safeguarding Children Board Threshold Guidance (see section 3 above)

2) they provide direct work with families – services providing food and/or equipment only, without an element of direct work, are out of scope for the Offer but provide valuable support to families and practitioners will certainly wish to draw upon these resources in their delivery of early help. Details of these services may be found on the wider Family Services Directory.

h

a n 3) they provide a focus on outcomes for children and young people - interventions targeted solely at adults and with no specific consideration of the outcomes of their children within the support plan are out of scope for the Offer phase 1. It is however recognised that Adults' services for parents/carers may be essential to the progress of a child or young person, and work is being undertaken to consider what role Adults' services may play in future phases of the Early Help Offer.

4) they are available to children and young people wider than those assigned to one particular setting, e.g. a named school. It is acknowledged that universal services providers in the borough - such as schools, early years settings and GPs – offer a vast array of early help interventions for children and young people. While these interventions are essential, and often the first port of call for a family experiencing difficulties, they have not been included in the Offer if they are accessible only by children and young people assigned to one specific setting and the value of advertising to families across the borough is therefore low. Individual settings will be able to advise separately on the details of their in-house early help offer.

A common approach

The Hounslow Early Help Partnership has committed to the development during 2019-2021 of a common approach between all services in the Early Help Offer, creating a more co-ordinated system and more consistent offer for families regardless of which service(s) they are accessing. For example, services in the Early Help Offer will be working towards:

- **Displaying the borough's early help branding** to communicate to families that they are part of the Early Help Offer
- The ability to make referrals for families to services in the Early Help Offer using a single form
- Supporting families through a consistent Lead Professional and Team Around the Family approach where there are more than two agencies involved
- Sharing information relating to Team Around the Family on a single secure recording system with other services supporting the family

For more information, see the Hounslow Early Help Partnership Commitment 2019-2021 and the Early Help Practice Framework.

Areas of support for families

The Hounslow Early Help Offer is grouped into six areas of support. Due to their remit some interventions and services may appear in more than one category:



Holistic Interventions designed to help families thrive by functioning as a strong, resilient unit. Practitioners work with all members of the family together to tackle themes including: family conflict, parenting, family relationships, neglect, social isolation, participation in education, domestic & sexual violence, finances, worklessness and housing difficulties. Acting as a Lead Professional, practitioners will connect families with other services where necessary but remain the key point of contact throughout the plan. This category also includes interventions which are offered specifically to parents/carers to increase their skills and confidence in navigating the challenges which come with parenting, such as parenting programmes.

Early Years Support Interventions specifically designed to support children's development from before birth to age 5, ensuring every child has the best start in life. These interventions encompass a range of focus areas, including family support and parenting specifically for the early years, child development, child and parental health & wellbeing, early learning and participation, and developing school readiness.



Interventions specifically designed for young people aged 11-19, to support the journey from childhood into adolescence and through to successful transition to adulthood. Help is available across a wide range of issues which may present challenges for young people, including: mental health & wellbeing, physical development, successful participation in learning and positive activities, anti-social behaviour & offending, risk of sexual or criminal exploitation, domestic & sexual violence, substance misuse, caring responsibilities, and transition to post-16 education, employment and training opportunities.

Health & Emotional Wellbeing Interventions which provide access to targeted physical and mental health expertise, enabling each child and young person to develop a healthy lifestyle, prevent future ill-health, and enjoy a life-long level of wellbeing which supports them to achieve their aspirations. Interventions offer support with: mental health, non-complex health conditions, childhood obesity, oral health, sexual health, substance misuse, and managing health conditions whilst in education.

Learning & Participation

Interventions which focus on supporting each child and young person to access learning to the best of their ability, reach their aspirations in education and employment, and benefit from lifelong engagement with learning. These provide help with: Special Educational Needs and Disabilities, attendance & participation, accessing and overcoming barriers to learning and transition on to post-16 education, employment and training opportunities.

Safety & Resilience Interventions which support children, young people and families to develop the skills, knowledge and resilience to keep themselves safe from domestic violence, risk of exploitation or involvement in criminal/anti-social activity. This may include educational and/or therapeutic approaches or linking with more specialist advisory services.

Interventions and services list (as at June 2019 – the list is ongoing and not exhaustive)

Family Support & Parenting				
	0-5	5-11	11-19	Parent/Carer
Families First & Intensive Support Services – Family Support Team				
Families First & Intensive Support Services – FAAST				
Families First & Intensive Support Services – Adolescent Support Team				
Family Nurse Partnership				
Children's Centre Early Intervention Practitioners				
HomeStart				
Health Visiting - Universal Plus, Universal Partnership Plus and MECSH				
Parenting programmes:				
Family Links				
Incredible Years Toddler and Pre-school				
Parents' Early Education Partnership Programme (PEEP)				
Strengthening Families, Strengthening Communities				
Empowering Parents, Empowering Communities (EPEC)				
123 Magic				
Reach Children's Hub *West only				

Early Years Support

	0-5	5-11	11-19	Parent/Carer
Midwifery				
Health Visiting - Universal Plus, Universal Partnership Plus and MECSH				
Children's Centre Early Intervention Practitioners				
Henry				
Oral Health				
Speech & Language Therapy				
HomeStart				
Early Years SEN Team				*Guidance to
				teachers
Reach Children's Hub *West only				

	0-5	5-11	11-19	Parent/Carer
HYPE				
Young Carers				
Youth Offending Prevention Programme				
Sexual Health Targeted Intervention				
Youth Services				
Connexions				
Families First & Intensive Support Services – Adolescent Support Team				
Family Nurse Partnership				
Hounslow Youth Counselling				

Health & Emotional Wellbeing

	0-5	5-11	11-19	Parent/Carer
Henry				
Oral Health				
Sexual Health Clinic				
Tier 2 CAMHS, including Mental Health Trailblazers in schools				*Guidance to schools
Speech & Language Therapy				
School Nursing Universal Plus & Universal Partnership Plus				
Health Visiting Universal Plus, Universal Partnership Plus and MECSH				
Family Nurse Partnership				
HYPE				
Hounslow Youth Counselling				
Anchor Counselling				
MiD Mediation & Counselling				
Educational Psychology				
Learning and Participation				
	0-5	5-11	11-19	Parent/Carer
Educational Psychology				
Education Welfare				
Children Missing in Education				
Early Years SEN Team				*Guidance to teachers
Connexions				
Youth Services				

	0-5	5-11	11-19	Parent/Carer
One Stop Shop				
Women and Girls' Network (including Rape Crisis)				
DSV Outreach				
Mothers' and Children's DSV Worker				
Southall Black Sisters				
Let's Talk and CADA programme				
Safer Schools Police				
YOS Prevention Programme				
PEACE Project				*Guidance to schools