



# MEETING A HOUNSLOW EDUCATIONAL PSYCHOLOGIST

## Leaflet for young people

### WHAT IS AN EDUCATIONAL PSYCHOLOGIST (EP)?

- We have extensive training about how students learn, think and feel and experience of working with children, young people and their families

### WHO ELSE DOES AN EP WORK WITH?

- We may also talk with other people who have been helping you, such as your parents or carers, teachers, teaching assistants or learning mentors

### WHO DOES AN EP SEE?

- We see teachers, parents and students for many different reasons. You may have difficulties with:
- Your schoolwork or reading and writing
- Behaviour or concentration
- Making friends
- We try to help you work out problems that you might have, and help you think of ways to solve them

### WHAT HAPPENS WHEN I SEE AN EP?

- We will talk to you about how you are getting on in school. We usually like to find out what you think and talk about your strengths as well as things you want to get better at

- We may also ask you to do some work, which is often different from your normal class work to find out what you are good at and what you might need help with
- We sometimes ask you to answer some questions so we can understand more about how you feel

### WHERE WILL I SEE AN EP?

- You will probably see an EP in school, in a quiet area or we may come into a lesson to see how you are getting on

### WHAT HAPPENS AFTERWARDS?

- We usually write a summary of what we have discussed
- We will talk to your teachers, family and to you about how to help
- We may suggest work or targets for you to try

### WHAT IF I WANT TO ASK QUESTIONS?

- We are happy to answer any questions when we meet you
- We will always ask your opinion or views