Hounslow CCG and the London Borough of Hounslow recognise the health and life inequalities experienced by people with learning disabilities and aim to build upon the existing work in this area by improving the equity and equality of healthcare provision and mainstream facilities.

Hounslow is facing an unprecedented period of growing demands on services, with decreasing resources to meet these demands. The population is growing, people are living longer and because of medical advances more people with severe disabilities are living into adulthood. This presents a challenging period where the need to innovate whilst ensuring we get best value from services commissioned is vital.
Across North West London, the following services are being commissioned;

The North West London (NWL) Transforming Care Partnership (TCP) has been established to improve the care and support available for the people of North West London with a learning disability and/or autism who also have, or are at risk of developing, a mental health condition or behaviours described as challenging.

• Community support, including the utilisation of more skilled staff to manage more complex/challenging behaviour. This may involve moving or outreaching staff from inpatient facilities into community services, and vice versa, to share learning.
• Crisis care, available 24 hours a day, 7 days a week that ensures that people with a learning disability and/or autism who display behaviour that challenges, and their families and carers, receive care and support that meets their needs in times of crisis, including when this crisis occurs outside of standard working hours.
• An all ages offer that responds to the care and support needs of people regardless of their age and reduces the differences between services for children, young people and adults.
• A North West London level service for people with a forensic history or Asperger’s to provide the specialised psychological support required and manage the smaller number of cases over a larger geographical area;
• Education and support to encourage the use of education, health and care (EHC) plans and personal budgets, working with parents, carers, and people with a learning disability and/or autism who display behaviours that challenge to develop guidance and support to use these budgets to personalise and self-manage their care.
• Co-ordinated care across the health, social care and housing pathways, ensuring that primary care clinicians, teachers, social care and housing staff are involved in early identification and signposting, and all partners are engaged in on-going care and support.
In addition to the service provided across North West London, the following services are in place in Hounslow:

- An annual health check is available to people with a learning disability from their GP. The service (Directly Enhanced Service) is commissioned by NHS Hounslow.

- Hounslow CCG works closely with Hounslow and Richmond Community Healthcare Trust and West Middlesex University Hospital to address the wider needs of people with learning disabilities. Initiatives include providing staff training on:
  - Learning difficulties awareness
  - ‘Flagging and Tracking’ patients with learning disabilities; and
  - ‘Get to know your hospital’ events provide confidence to people with learning disabilities and improve access to information.

- Additional support to enable people with a learning disability to participate in mainstream services (including housing, employment, leisure and relationships), there are some other local and national third sector organisations, usually commissioned by the NHS or Local Authority.
What have we got, what are we doing?

Total number of people with a learning disability (LD) registered with a GP in Hounslow is **908**.

Hounslow has **97** over 18 service users placed **out of the borough** in residential and nursing services. There are currently **147** residential and nursing care home beds available for adults with a LD in Hounslow. At present Hounslow Council uses approximately a third of these beds, with a much larger number living in care homes outside of the borough. It is our goal for a higher number of our residents with a LD to live in Hounslow, or nearby. A recent market analysis report conducted on the residential market in Hounslow for people with learning disabilities identified that Hounslow’s learning disability care home cohort is extremely elderly when compared to most London Authorities. 30% of Hounslow’s residential homes for people with a learning disability are aged 65+ in comparison to the London average of 18%.

The average weekly cost for each of the residential or nursing placements outside of the Borough totals £1263. In contrast there are currently **83** people residing in supported housing within the Borough at an average weekly cost of £908. The diagram provides an overview of the average costs of placements across residential, supported living and non-accommodation based support.

**Supported Housing Services across Hounslow Borough:** Out of area beds are commissioned by NWL CCGs on a case by case basis using spot purchase contracts, using a person centred, needs-based approach. There are a number of different approaches to collaborative commissioning arrangements; there are joint commissioning arrangements in place for Ealing, Hillingdon and Hounslow, with less formal relationships in Harrow, and the three boroughs of Hammersmith and Fulham, Westminster and Kensington and Chelsea, with Brent CCG and Local Authority having appointed a joint Learning Disabilities commissioner.

**Respite services across Hounslow Borough:** The London Borough of Hounslow commissions a 7 bed respite unit for people with learning disabilities. In addition LBH and Hounslow CCG spot purchase from independent providers that can meet the specific needs of people that exhibit behaviours that challenge and have complex health and social care needs.

Source: Hounslow CCG, Joint Transforming Care Partnership Plan, Local Annex Hounslow – April 2016
What have we got, what are we doing?

Learning Disability services across Hounslow Borough

Historically day services for people with disabilities in Hounslow have been provided largely through council operated services. These are complemented by other services commissioned by the Council from external providers.

Approximately 14% of adults with learning disabilities in receipt of a care package attend a day service. This percentage is predicted to reduce further over the coming years as increased numbers of people with learning disabilities choose activity based services to meet identified needs.

The Council plans seek to continue to work towards modernising the current range of commissioned services, wherever possible exploring how through collaboration and facilitation we can develop and enable the use of flexible, safe and supportive environments, that can be utilised to support people with disabilities.

Source: Hounslow CCG, Joint Transforming Care Partnership Plan, Local Annex Hounslow – April 2016
How are we getting on, any key gaps?

The number of adults with learning disabilities shown in the local GP records is lower than expected at 900 patients with 4,000 expected. The number of residents receiving support for learning disability from the LBH is about a fifth lower than the GP records.

People with a learning disability usually experience a greater range and complexity of health problems than the general population. They are known to have additional mental health needs; around 22% of those with a learning disability have dementia (compared with 6% of the general population) and rates of schizophrenia are around three times higher.

Coronary heart disease is a leading cause of death amongst people with learning disabilities (14%-20%), with rates expected to increase due to increased longevity and lifestyle changes associated with community living. People with LDs also have higher levels of impaired vision (around 25%) and hearing problems (40%) than the non-learning disabled population. They are more likely to have poor dental hygiene and dental care, and are more likely than the general population to be either over- or underweight.

People with learning disabilities experience difficulties in accessing mainstream services, including health, leisure and employment. They are known to have low reporting rates of illnesses and symptoms and they receive less regular health checks.


People with learning disabilities have a significantly shorter life expectancy. Overall, calculations of the average life expectancy for people with learning disabilities give a median age of death nationally of 56. Based on records over 2008-2011 for Hounslow, the median age of death was 60.

Source: Hounslow CCG, Joint Transforming Care Partnership Plan, Local Annex Hounslow – April 2016
How are we getting on, any key gaps?

GP led Annual Health Checks (DES)

<table>
<thead>
<tr>
<th>CCG</th>
<th>Overall Rating</th>
<th>Indicator Rating</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hounslow</td>
<td>Needs Improvement</td>
<td>44</td>
</tr>
</tbody>
</table>

Rate of inpatients per million GP registered adult population for each Transforming Care Paternship. CCGs are then assigned the score of the TCP they belong to.

Health Action Plan (HAP) Funding
In 2015/16, Hounslow CCG funded the standard DES for completing the health action plans which has led to an increase of HAP’s from 218 in April 2015 to 487 in March 2016. (55% of LD population).

Information Technology
The HAP is available on System One this has been reviewed and updated to make completion as streamlined and efficient as possible.

User Involvement
The London Borough of Hounslow and Hounslow CCG have held a Transformation and Health Fair where Health Action Plans for people with LD were promoted using ‘Dramatize’; a company producing a drama production on health checks (role play). This fair also included stall from providers to encourage LD health checks.

A Clinical Advisory Group monitors the level of compliance against the 39 fields of the ‘Green Light Toolkit’. The toolkit assesses if people with a learning disability have access to the full range of mental health assessments and services and that there is a protocol for the resolution of complex cases where there is ambiguity over service provision.

Source: NHS E Assurance meeting LD part – Hounslow CCG
How are we getting on, any key gaps?

Expected number
The number of adults with learning disabilities shown in the local GP records is lower than expected at 900 patients with 4,000 expected.

Health Checks
In 2015/16, Hounslow CCG funded above the standard DES for completing the health action plans which has led to an increase of HAP’s from 218 in April 2015 to 487 in March 2016. (55% of LD population).

Supported accommodation
There are a total of 36 supported accommodation units in Hounslow, with 265 residents. 94 of these residents are in learning disability specific accommodation. Currently Hounslow has a large number of service users (currently 97) aged over 18 with learning disabilities placed out of the borough in residential and nursing services. Identified need to increase the supported housing/extra care housing to provide an additional 55 units by 2019.

LIFE
The delivery of the LIFE project will support our joint prevention agenda and ensure people receive the right support at the right time reducing reliance on adult social care and supporting people to remain as independent for as long as possible.
The relative performance for Hounslow compared to London averages is given below. A red box signifies a level lower or worse than London, orange signifies in line with London, and green higher or better than London. Source: PHOF accessed February 2017 unless otherwise indicated.

### Service contacts

- **425 Adults with long term support from Local Authorities**
- **1073 Children with Moderate Learning Difficulties known to schools**
- **30% of Hounslow’s residential homes for people >65 are for people with a learning disability**
- **404 Children with autism known to schools**

### Outcomes

- **295 Adults with a learning disability who live in stable and appropriate accommodation**
- **908 Adults with a learning disability (GP registered)**
- **71 Gap in the employment rate between those with a learning disability and the overall employment rate (Males)**
- **57 Gap in the employment rate between those with a learning disability and the overall employment rate (Females)**

**Estimated 1 in 100 people with ASD, ~3000 Hounslow residents**

### Sources:

2. *School Census Childrens Services Hounslow 2017*
3. *NHS Quality and Outcome Framework accessed February 2017*
4. *Residential Services across Hounslow Borough, Internal Report*
Hounslow Council and Hounslow CCG will work towards transforming care and support services that are available for people with a learning disability. A local learning disabilities and autism Transforming Care Plan has been drafted which provides a detailed analysis of the developments and proposed new model of care and support which will be commissioned through 2016 - 2019 in order to support the shared ambition.

The model will focus on the following areas:

- **Personalised Services**
  - Understanding our population and care based on this
  - Co produced care plans
  - Family Involvement
  - Services that promotes independence

- **Integrated Working**
  - Coordinated commissioning across Health & Social Care
  - Improved transitions pathways
  - Managing risk effectively

- **Localised Approach**
  - Housing to meet needs
  - Mainstream services that are accessible wherever possible
  - Care in the community wherever possible
  - Least restrictive settings

- **Specialised Support**
  - Community workforce development
  - Social Work force development
  - Specialised Learning Disabilities Health Services

*Source: LD Vision Statement 2016*
Aspirations for 2018/19

Hounslow council and the CCG are committed to the principles of ensuring people with a learning disability and/or autism have the same opportunities as other borough residents to be active residents that are supported within Hounslow to live full and rewarding lives. Prevention and independence are key to reducing dependency and mitigating the need for ongoing support through social care and health services. The following key themes will be our focus over the next 4 years of a change from one of reliance on mainstream services, to one of self-determination and supporting and maintaining independence.

The shared vision is to reduce and prevent the unnecessary use of residential care and other types of institutional care for adults with learning disabilities by promoting a range of alternative housing options that offer greater independence, are provided in less restrictive environments and support greater community integration, understanding and support.

Source: Hounslow CCG, Joint Transforming Care Partnership Plan, Local Annex Hounslow – April 2016
Delivery aims:

• Deliver the LIFE project which will support our joint prevention agenda and promote greater partnership working, making community opportunities accessible.
• Increase the supported housing/extra care housing available to people with Learning Disabilities by providing an additional 55 units by 2019.
• House people with a learning disability and/or autism locally wherever possible and appropriate.
• Provide community based services where appropriate, with a reduced reliance on inpatient facilities.
• Develop a workforce with staff who have the right skills and experience to manage complex cases, including managing the complexity of competing across health and social care.
• Provide respite for families and carers to maintain, wherever possible, at home placements and strong family relationships.
• Utilise mainstream health and care services where appropriate through reasonable adjustments.
• Give people choice and control over services, where possible such as personal budgets.
• Promote greater access to work, education and leisure activities.
• Ensure that young people going through transition are provided with an enhanced continuity of care, quality care and support that promotes an individual independence.
• Ensure people with learning disabilities are kept safe and are central to safeguarding enquiries with their desired outcomes known.
• Provide personalised and outcome focused good quality assessments and support plans which are reviewed at least annually.
• Provide advocacy services for people with learning disabilities during assessment/support planning and safeguarding processes.

Source: LD Vision Statement 2016