

LAMPTON PARK

Lampton Park, consists of 40 acres laid out in two main areas; playing fields to the north and a more formal area to the south with winding paths, flowers, grass and trees. In the west, near the entrance from Harte Road a wooded area planted in 1989 is maintained for wildlife.

The park was landscaped on agricultural land purchased by Heston & Isleworth Urban District Council in 1925. After the development was completed it opened to the public May 1930. The main feature of the park was the large rose garden, 40m in diameter, with a central circular pond that can be found in the park today.



Hounslow's Civic Centre abuts the more formal area to the north. The fine modern landscape around this building was designed by Danish landscape architect Preben Jakobsen and constructed in 1973.

A wide range of plants were introduced with smooth stones and ground cover plants, following an abstract geometry that draws upon the Arts and Crafts tradition.

In 1951 a Sarsen Stone was relocated in the park. This had been unearthed in 1926 from a pit of the Hounslow Sand and Gravel Company's works at Heston.

This walk follows the mile-long route that commemorates Sri Chinmoy, advocate for world peace. Born in Bangladesh in 1931, Sri Chinmoy has been a keen runner since his youth completing many marathons, ultra-marathons and shorter races.

Sri Chinmoy's life is an expression of boundless creativity that spans the domains of music, poetry, painting, literature and sports.

Access Information



- Flat ground
- Good path condition (tarmac)
- 7 designated disabled spaces in the Car Park at the Civic Centre

Contact 0845 456 2796

Public Transport Information

- Bus: H20 (terminates here), 120
- Tube: Hounslow Central, (Piccadilly Line) then a 2 minute walk along Lampton Road

LAMPTON PARK

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| 1 | Public Toilets (Civic Centre - open week days only) | 5 | Shelter |
| 2 | Rose Gardens | 6 | Tennis Courts |
| 3 | Playground | 7 | Picnic Benches |
| 4 | Sarsen Stone | 8 | Allotments |



Total Route Length
1 mile
1.6 kilometres

- T** Toilets (also disabled)
P Car Park

Map Sourced by: Cities Revealed, The Geoinformation Group,
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