

CHILDREN'S HEALTHY WEIGHT

A fact sheet on children's healthy weight in the London Borough of Hounslow.

Figure 1: Guide to interpreting spine plots

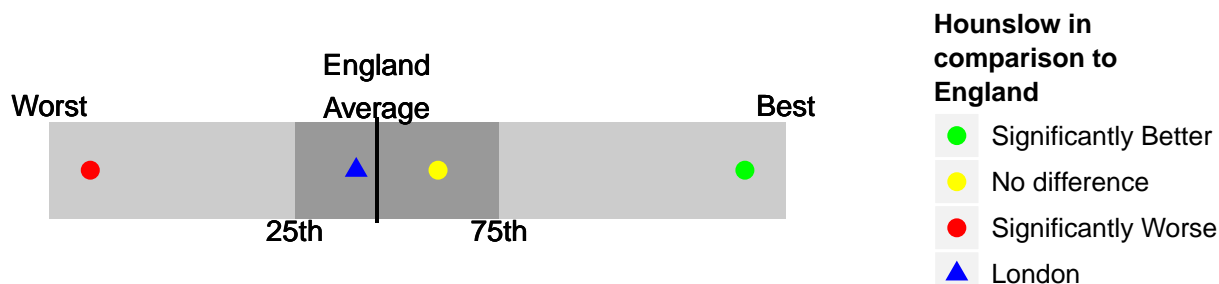


Table 1: Spine plot of proportion of National Child Measurement Programme(NCMP) cohorts in each weight category, 2009/10

Weight Category	School Year	Hounslow	London	England Worst	England Mean	England Best
Under Weight	Reception	1.8	1.3	3.3	0.9	0.1
Under Weight	Year 6	1.7	1.5	3.4	1.3	0.3
Healthy Weight	Reception	71.9	74.3	69.1	75.7	82.1
Healthy Weight	Year 6	58.2	61.6	55.0	64.7	72.2
Over Weight	Reception	12.4	12.7	17.3	13.3	9.9
Over Weight	Year 6	15.6	15.1	17.3	14.7	12.8
Obese	Reception	13.9	11.6	14.8	10.0	6.2
Obese	Year 6	24.6	21.8	28.6	19.3	12.1