

# MENTAL HEALTH

A fact sheet on Mental Health in the London Borough of Hounslow.

Figure 1: Guide to interpreting spine plots

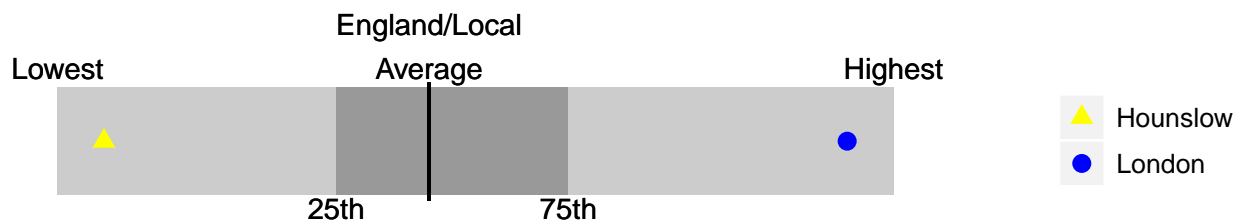


Table 1: Spine plot of national and local prevalence of Mental health problems (Schizophrenia, Bipolar disorder and others), depression and dementia. Data: QOF returns 2009/10

Domain	Hounslow	London	National /Local Lowest	National /Local Average	National /Local Highest
National Prevalence of Mental Health problems (Bipolar disorder, Schizophrenia and others) % of population	0.8	1.0	0.5	0.8	1.4
Local GP Practice level prevalence of Mental Health problems (Bipolar disorder, Schizophrenia and others) % of GP registered population	0.8	1.0	0.3	0.8	1.4
National Prevalence of Dementia % of population	0.3	0.3	0.2	0.4	0.7
Local GP Practice level prevalence of Dementia % of GP registered population	0.3	0.3	0.0	0.3	1.4
National Prevalence of Depression % of population	6.1	7.7	4.3	10.9	20.6
Local GP Practice level prevalence of Depression % of GP registered population aged 18 and older.	6.1	7.7	0.0	6.1	15.5

# 1 Secondary Care

Table 2: Spine plot of outpatient activity in Hounslow benchmarked against other PCTs in 2009/10. Data: NHS Comparators

Indicator	Hounslow	London London	England Lowest	England Highest		England Highest
Standardised rate of Mental Health outpatients attendances per 1000 population	2.9	22.0	0.2	30.1		245.5
Standardised rate of Mental Health outpatients first attendances per 1000 population	0.3	2.8	0.0	5.0		50.4
Standardised rate of Mental Health admissions per 1000 population	1.6	1.5	0.0	1.4		3.5
Average Mental Health Overnight Occupied Beds per 1000 Population	1.0	0.9	0.0	0.7		1.8

Table 3: Spine plot of secondary care indicators. Data: Fourth Report from Mental Health Minimum Dataset (MHMDS) annual returns, 2010

Domain	Hounslow	Value	London	National Lowest Average	National Highest
Crude Rate per 1000 population aged 16 and over admitted to adult and elderly NHS secondary mental health services 2009/10	3.3	615.0	3.3	1.2	2.5
Crude Rate per 1000 population aged 16 and over using but not admitted to adult and elderly NHS secondary mental health services 2009/10	21.8	4116.0	26.2	6.4	25.5
Crude Rate per 1000 population aged 16 and over eligible but receiving no care to adult and elderly NHS secondary mental health services 2009/10	0.8	143.0	2.8	0.1	2.0
Standardised Rate of access to specialist mental health services per 100,000 population by PCT, 2009/10	3009.0		3296.2	204.2	2924.0
Standardised rate of access to hospital inpatient care per 100 mental health service users, 2009/10	12.6		11.0	3.4	9.8
Crude rate per 1000 population aged 16 and over detained in hospital under the Mental Health Act 1983, 2009/10	1.6	302.0	1.6	0.1	1.0
Crude rate per 1000 population aged 16 and over of individuals on the Care Programme Approach (CPA) records, 2009/10	7.0	1326.0	6.6	0.1	5.5
Percentage of individuals on CPA in settled accommodation, 2009/10	80.6	1044.0	63.4	1.6	60.2
Percentage of individuals on CPA in unsettled accommodation, 2009/10	11.4	1044.0	9.3	0.0	8.2
Percentage of individuals on CPA in employment, 2009/10	10.1	1044.0	6.1	0.2	7.7
Percentage of individuals on CPA unemployed, 2009/10	64.7	1044.0	57.5	3.1	48.0
In year bed days at mental health providers - females	24398.0		21519.9	298.0	23003.3
In year bed days at mental health providers - males	30574.0		31321.5	103.0	28372.8
Crude rate per 1000 population aged 16 and over of admissions to mental health providers	3.4	648.0	3.5	0.1	2.9

## 2 Prescribing

Table 4: Spine plots of prescribing cost and number of drugs prescribed for mental health disorders per capita of PCT: National data 2009/10. Data: NHSBSA Prescription Services through NHS iView

Indicator	Hounslow	London London	England Lowest	England Highest		England Highest
Costs of Anti-Psychotics pre- scribed	6812.60	6046.89	2813.16	6078.31		11364.41
Costs of Anti-depressants pre- scribed	3421.56	3287.52	2503.17	4904.90		8593.20
Costs of Dementia drugs pre- scribed	578.72	1258.55	78.96	1593.44		3644.68

### 3 Mortality

Figure 2: Trend in mortality due to Suicide and injury indeterminant: Directly standardised rates per 100,000 population 2002-2004 to 2008-2010. Data: Office for National Statistics Public Health Mortality Files; Population: Office for National Statistics Super Output Area mid-year population estimates for England and Wales

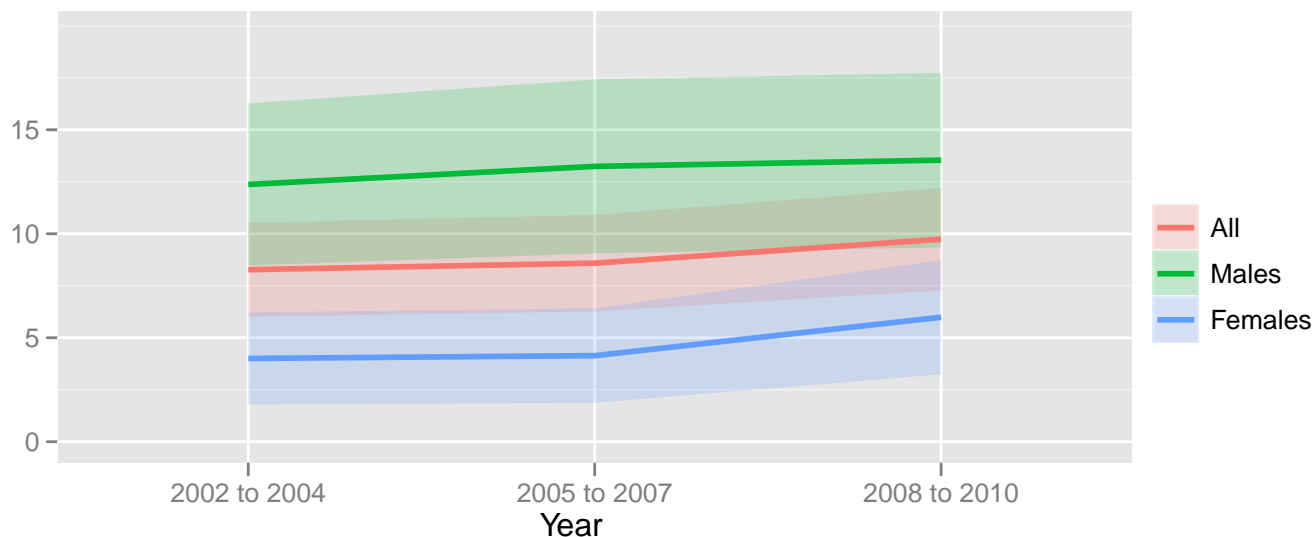


Figure 3: Trend in the Crude Years of Life Lost Rate due to Suicide and injury indeterminant: Crude rate per 10,000 population for 2002-2004 to 2008-2010: Data: Office for National Statistics Public Health Mortality Files; Population: Office for National Statistics Super Output Area mid-year population estimates for England and Wales

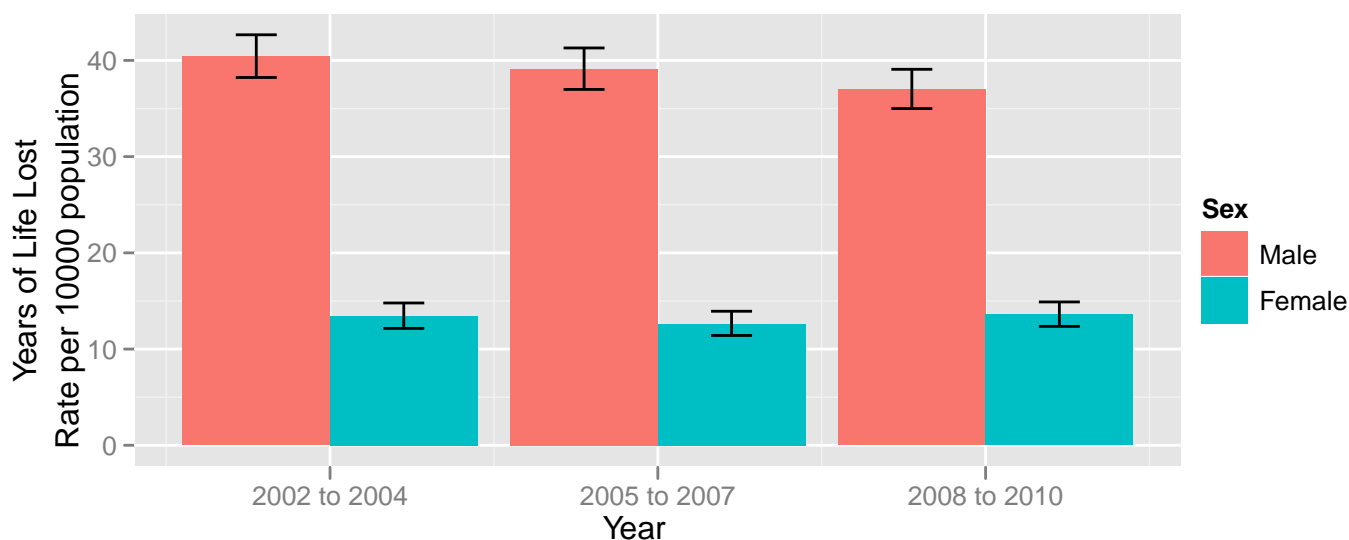


Figure 4: Age distribution of individuals who have died because of Suicide and injury indeterminant: 2002-2010 pooled. Data: Office for National Statistics Public Health Mortality Files

