



## What is this factsheet about?

This factsheet tells you what specialist equipment and adaptations are available to help you remain independent at home following an accident, illness, or if you have a disability or are frail due to your age.

It also tells you who the service is for and how to apply.

If you have difficulties carrying out every day tasks, our Occupational Therapy Team can provide advice and may be able to provide equipment and small adaptations to help you stay independent in your home.

A wide range of equipment is available, including aids to help you use the bath and toilet, dress, cook and get around your home.

## What is on offer?

We aim to help people of all ages for whom everyday activities have become difficult due to illness, accident, ageing or disability.

**Our Occupational Therapy Team will assess your needs and can:**

- discuss better ways to carry out everyday tasks;
- advise you (and your carer if applicable) on the best ways of managing at home;
- advise you about equipment which may help you at home. This includes washing, bathing and toilet equipment, raisers and various other items;
- provide advice and information on where to buy equipment not supplied by the Council;
- recommend and provide small adaptations to your home such as toilet or bath grab rails;
- provide advice on how to access a variety of health and social care services;
- advise whether you meet the criteria for major adaptations to your home such as an overbath shower; and
- advise you whether you are eligible to be registered and recorded on the Council's Register of Disabled People.

### Types of equipment which may be available to you:

- Eating and drinking equipment
- Bed's, chairs and accessories
- Household equipment
- Telephones and alarms
- Bathroom/toilet equipment

## Will I have to pay?

No. If you have been assessed and are eligible for services and minor equipment, these will be free of charge to you and available on loan.

## How do I apply?

If you are finding it difficult to manage day to day life or you are looking after someone who needs help contact the Adult Access Team - details are below.

We will provide you with information on services and ask you questions about your personal circumstances, health, care needs, accommodation and other related matters.

## For further information contact:

### The Adult Access Team

41 New Heston Road  
Heston, TW5 0LW

Monday - Thursday, 9am - 5pm (Friday 9am - 4.45pm)

Email: [adultsocialcare@hounslow.gov.uk](mailto:adultsocialcare@hounslow.gov.uk)

Telephone: 020 8583 3100

Minicom: 020 8583 3186

If you, or somebody you know are having difficulties living independently at home, contact the Adult Access Team

If you are returning from hospital, the Hospital Occupational Therapist will be responsible for arranging an assessment of your needs.

For details of all our services, visit our website at: [www.hounslow.gov.uk](http://www.hounslow.gov.uk)

### Translations and accessible formats:

ترجمے کی مفت سہولت  
भाषांतरनी मफ्त सेवा  
अनुवाद की मुफ्त सेवा उरसभे दी भुदउ मेहा



020 8583 2299