



Carer Break Vouchers

Carer Break Vouchers are a simple and flexible way to help carers take a break.



Vouchers entitle carers to breaks of varying lengths depending on their assessed needs.

They can be used as full or part payment for a range of care services provided by approved providers.

What services can be purchased using Carer Break Vouchers?

- domiciliary care;
- day care; and
- short term respite breaks (residential and nursing care).

Services can be provided in your home or elsewhere at the time of your choice.

Carers are free to take a break knowing that the person they are caring for is in safe hands.

Who is eligible for the Carer Break Voucher Scheme?

Carers who are assessed under the Carers Recognition Act 1995 or the Carers and Disabled Children Act 2000 and found to be eligible.

This may include carers who look after adults needing substantial amounts of care or supervision, such as:

- people with physical disabilities or sensory impairments;
- people with a learning disability;
- people experiencing mental health difficulties;
- people with long term illness; and
- older people.

How does it work?

Vouchers can be used as full or part payment for a range of services offered by Council approved service providers.

We will give you a list of the approved providers along with your vouchers. From this list you can choose which ones you prefer to supply the short-term care.

Then, all you have to do is sign the voucher and give it to the service provider.

Each voucher has a value of £10. Vouchers must be used before the expiry date shown on the front.

If you need any help or guidance, please contact your Social Worker/Care Manager or Voucher Scheme Advisor.

If for any reason you no longer require your vouchers, please return them to the Self Directed Support Team at Hounslow Civic Centre, as this money can be used to benefit other carers.

How can I access the scheme?

You will need to contact your Social Worker or the Adult Access Team to request a carer's assessment or a review of your existing carers assessment. Contact details can be found in the green box below.

Following the assessment, a care plan will be drawn up giving details of the support needed.

Your Social Worker will discuss with you the best way to get this support. If it is agreed that the Carer Break Voucher Scheme could meet your needs, your Social Worker will pass the care plan to the Self Directed Support Team Manager.

An advisor will contact you and arrange for the vouchers and a list of local providers to be sent to you at your home address.

Contact details

The Adult Access Team 41 New Heston Road, Heston, TW5 0LW

Monday - Thursday, 9am - 5pm; Friday, 9am - 4.45pm

Tel: 020 8583 3100

Minicom: 020 8583 3186

Email: adultsocialcare@hounslow.gov.uk

Edenred 50 Vauxhall Bridge Road, London, SW1V 2RS

Tel: 0800 247 1233

Fax: 020 7932 9756

Email: helpdesk-uk-vbr@edenred.com

Web: www.edenred.co.uk

For more information contact the Self Directed Support Team:

Tel: **020 8583 3051/5736**

www.hounslow.gov.uk

Translations and accessible formats:

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